

Practical English Episode 1

Introduction (1.30)

My name's Jenny Zielinski. I live and work in New York. I'm the assistant editor of a magazine called NewYork 24seven. A few months ago, I visited our office in London to learn more about the company. I met the manager, Daniel O'Connor. I had lots of meetings with him, of course. And a working dinner on my birthday... But I spent more time with Rob Walker... He's one of the writers on the London magazine. We had coffees together. We went sightseeing. I even helped Rob buy a shirt! He was fun to be with. I liked him a lot. I think he liked me too. Rob isn't the most punctual person in the world, but he is a great writer. We invited him to work for the New York magazine for a month...and he agreed! So now Rob's coming to New York. I know he's really excited about it. It's going to be great to see him again.

Calling reception (1.31)

Receptionist Hello, reception.

Rob Hello. This is room 613. **Receptionist** How can I help you?

Rob There's a problem with the air

conditioning. It isn't working, and it's

very hot in my room.

Receptionist I'm sorry, sir. I'll send somebody up

to look at it right now.

Rob Thank you.

Receptionist Good evening, reception.

Rob Hello. I'm sorry to bother you again.

This is room 613.

Receptionist How can I help you?

Rob I have a problem with the wi-fi. I can't

get a signal.

Receptionist I'm sorry sir. I'll put you through to IT.

Rob Thanks.

Calling reception - listen and repeat (1.32)

Receptionist Hello, reception.

Rob Hello. This is room 613.

Receptionist How can I help you?

Rob There's a problem with the air-

conditioning. It isn't working, and it's

very hot in my room.

Receptionist I'm sorry, sir. I'll send somebody up

to look at it right now.

Rob Thank you.

Receptionist Good evening, reception.

Rob Hello. I'm sorry to bother you again.

This is room 613.

Receptionist How can I help you?

Rob I have a problem with the wi-fi. I can't

get a signal.

Receptionist I'm sorry sir. I'll put you through to IT.

Rob Thanks.

Jenny and Rob meet again (1.33)

Jenny So, here you are in New York at last.

Rob Yeah, it's great to be here. It's really exciting.

Jenny And how's your hotel?

Rob It's fine. My room is really...nice.

Jenny Do you have a good view from your room?

Rob I can see lots of other buildings.

Jenny Tomorrow I'm going to show you around the

office and introduce you to the team.

Barbara's looking forward to meeting you.

You remember, Barbara, my boss?

Rob Oh...yeah, sorry.

Jenny And then you can start thinking about your

blog and the column. Have you got any ideas

yet, Rob? ...Rob?

Rob What? Sorry, Jenny.

Jenny You must be really tired.

Rob Yes, I am a bit. What time is it now?

Jenny It's nine o'clock.

Rob Nine o'clock? That's two o'clock in the

morning for me.

Jenny Let's finish our drinks. You need to go to bed.



Rob I guess you're right.

Jenny So, I'll see you in the office at eleven in the

morning.

Rob At eleven?

Jenny Is that OK?

Rob It's perfect. Thanks, Jenny.

Jenny There's just one thing.

Rob What's that?

Jenny Don't be late.

Rob By the way. It's great to see you again.

Jenny Yeah. It's great to see you, too.

Social English phrases (1.34)

1 It's great to be here.

2 Do you have a good view?

3 You must be really tired.

4 I guess you're right.

5 By the way...

6 It's great to see you, too.

2C Video Listening

One dark October evening - happy ending (2.21)

H = Hannah J = Jamie W = Waiter

H Don't you usually look before you cross the road? I nearly hit you. I didn't see you until the last moment.

J Sorry! Hey, Hannah, it's me. It's Jamie.

H Jamie! What are you doing here? I nearly killed you!

J I was buying something. I was in a hurry and I crossed the road without looking.

H Come on. Get in!

W Here you are. Two cappuccinos.

H and J Thanks.

H What an evening! I nearly killed you.

J Well, you didn't kill me, so what's the problem?

H But what were you doing there? I thought you were here, in the café, waiting for me.

J I went to the theatre to buy these tickets for the Pink concert. I know you wanted to go. And it's

on the fifteenth of October – next Saturday. Our anniversary.

H Our anniversary?

J Yes. Three months since we first met. We met on Saturday the fifteenth of July. Remember?

H Gosh, Jamie. I can't believe you remember the exact day! What a romantic! It's lucky I didn't hit you in the street...

One dark October evening, sad ending (2.22)

P = Police Officer H = Hannah

P Good evening, Madam. Are you Hannah Davis?

H Yes, yes I am.

P I'd like to speak to you. Can I come in?

P Are you a friend of Jamie Dixon?

H Yes.

P Well, I'm afraid I have some bad news for you.

H What? What's happened?

P Jamie had an accident this evening.

H Oh no. What kind of accident?

P He was crossing the road and a car hit him.

H When...when did this happen? And where?

P This evening at twenty-five past five. He was crossing the road near the theatre.

H Oh no! How is he?

P He's in hospital. He's got a bad injury to his head and two broken legs.

H But is he going to be OK?

P We don't know. He's in intensive care.

H Oh no. And the driver of the car?

P She didn't stop.

H She?

P Yes, it was a woman in a black car. Somebody saw the number of the car. You have a black car outside, don't you, Madam? Is your number plate G-Y five-six, R-Z-R?

H Yes...yes, it is.

P Can you tell me where you were at twenty-five past five this evening?

English File

Video Script

Revise and Check

Can you understand these people? 1&2 (2.23)

1

- I Who do you look like in your family?
- Er, well people say I often look like my dad a lot. We've got the same sort of nose and the same face shape, but I've got my mum's hair colour and my mum's eyes.
- I Do you have a similar personality?
- **L** Er, again there is, there are quite a lot of similarities between me and my dad. We're both into German and speaking German, and also into architecture, which is why I'm here.

2

- I Do you have a favourite painting?
- **S** Um, I think so. I'm not sure of the name of the painting, but I like Salvador Dali. I really like the painting with the dripping clocks.
- I Can you describe it?
- **S** Er, yes, like I said, there are dripping clocks. It's very, um, it's an interesting style. It's not something you see all the time, and it's very colourful.

3

- I Where did you go for your last holiday?
- **S** My last vacation I went to Guyana, which is my parents' country in South America.
- I Did you have a good time?
- **S** I did. It was actually one of the best vacations I had. It was really educational, and I was able to see how my parents grew up, which was interesting.

4

- I Do you take a lot of photos?
- **S** I take a lot of photos. My telephone is full of photos and I use Instagram.
- I What do you usually take photos of?
- **S** Mostly people, places, gardens, lots of flowers. I never post photos of people, but I take photos of family, but lots of gardens and flowers.

5

- I Do you prefer films with a happy or sad ending?
- **S** Um, it just has to be a good film. I don't mind if it's a happy ending or a sad ending.

Practical English Episode 2

In the New York office (3.20)

Jenny Well, I think that's everything. What

do you think of the office?

Rob It's brilliant. Much bigger than our

place in London.

Jenny Oh, here's Barbara. Rob, this is

Barbara, the editor of the magazine.

Barbara It's good to finally meet you, Rob.

Rob It's great to be here.

Barbara Is this your first time in New York?

Rob No, I came here when I was

eighteen. But only for a few days.

Barbara Well, I hope you get to know New

York much better this time!

Jenny Barbara, I'm going to take Rob out

for lunch. Would you like to come

with us?

Barbara I'd love to, but unfortunately I have a

meeting at one. So, I'll see you later.

We're meeting at three, I think.

Jenny That's right.

Barbara Have a nice lunch.

Holly Hey, are you Rob Walker?

Rob Yes.

Holly Hi, I'm Holly. Holly Tyler.

Rob Hello, Holly.

Holly We're going to be working together.

Jenny Really?

Holly Didn't Barbara tell you? I'm going to

be Rob's photographer!

Jenny Oh, well... We're just going for lunch.

Holly Cool! I can come with you. I mean, I

had a sandwich earlier, so I don't need to eat. But Rob and I can talk.

Is that OK? Excuse me. Rob **Jenny** Um, sure. Waitress Yes, sir?

Holly So, let's go. Rob Sorry, I asked for my steak well done

and this is rare.

And for you, sir?

baked potato?

Nothing for me.

OK. And to drink?

I'll have the steak, please.

Rare, medium, or well done?

Vocabulary – restaurants (3.21) Waitress I'm really sorry. I'll take it back to the

the menu kitchen.

2 courses

a waiter or a waitress At the restaurant - listen and repeat (3.23) 4 the bill Waitress Are you ready to order?

5 the tip Jenny Yes, please.

Waitress 6 A table for four, please. Can I get you something to start

7 Can I have the...pasta? Could I have the with?

pasta...? I'll have the pasta... I'd like the pasta... Jenny No, thank you. I'd like the tuna with a

Waitress

Rob

Holly

8 Can we have the bill, please? Could we have the green salad.

bill, please?

At the restaurant (3.22)

Waitress Would you like that with fries, or a **Waitress** Are you ready to order?

Jenny Yes, please. Rob Fries, please.

Waitress Can I get you something to start **Waitress** How would you like your steak?

with?

Jenny No, thank you. I'd like the tuna with a Rob Well done.

green salad.

Jenny

Jenny

Waitress

Waitress And for you, sir? **Waitress**

Rob I'll have the steak, please. Water, please. **Jenny**

Waitress Would you like that with fries, or a Waitress Still or sparkling?

> baked potato? Jenny Sparkling.

Rob Fries, please. Waitress

The tuna for you ma'am, and the **Waitress** How would you like your steak?

steak for you, sir. Rare, medium, or well done?

Jenny I'm sorry, but I asked for a green Rob Well done.

salad, not fries. Nothing for me.

Holly **Waitress** No problem. I'll change it. **Waitress** OK. And to drink?

Rob Excuse me. Water, please. **Jenny**

Waitress Yes, sir? **Waitress** Still or sparkling?

Rob Sorry, I asked for my steak well done

> and this is rare. The tuna for you ma'am, and the

Waitress I'm really sorry. I'll take it back to the steak for you, sir.

kitchen. I'm sorry, but I asked for a green

salad, not fries.

Waitress No problem. I'll change it.

Sparkling.



Holly and Rob make friends (3.24)

Holly So tell me, Rob. What are you going

to write about?

Rob Well, to start with, my first

impressions of New York. You know,

the nightlife, the music, things like

that...

Holly Are you planning to do any

interviews?

Rob I'd like to. Do you have any

suggestions?

Holly Well, I know some great musicians.

Rob Musicians?

Holly You know, guys in bands. And I also

have some contacts in the theatre

and dance.

Rob That would be great.

Holly Maybe we could go to a show and

after you could talk to the actors.

Rob I really like that idea.

Waitress Can I bring you anything else?

Jenny Could we have the check, please?

Waitress Yes, ma'am. Here's your check.

Jenny Thanks. Excuse me. I think there's a

mistake. We had two bottles of

water, not three.

Waitress You're right. I'm really sorry. It's not

my day today! I'll get you a new

check.

Jenny Thank you.

Holly We're going to have a fun month,

Rob.

Rob Yeah, I think it's going to be

fantastic.

Jenny OK, time to go. You have your

meeting with Barbara at three.

Rob Oh yeah, right.

Social English phrases (3.25)

- 1 So, tell me...
- 2 Well, to start with...
- 3 Do you have any suggestions?
- 4 That would be great.
- 5 Could we have the check, please?
- 6 Excuse me. I think there's a mistake.
- 7 OK, time to go.

4C Video Listening

The history of the weekend

Hi, I'm Karen. Welcome to my home town,

Manchester. Manchester is a city in the north west of

England. When you think of Manchester, you

probably think of our football teams, but there is a lot

more to the city.

This is the Manchester Museum of Science and Industry. I've come here today, because I'm going to find out about the city's link to the British weekend. Like many good ideas, it started right here in

Manchester.

To us, the weekend is part of our routine and we can't imagine life without it. But, there was a time when working people didn't really get a weekend.

In the nineteenth century, thousands of people left their homes in the country to find work in the city. Manchester became the first industrial city and it was the home of the cotton industry. Until eighteen forty-three, people worked for six days – from Monday to Saturday – and had a day of rest on Sunday, when they went to church. The work – like here in a cotton mill – was hard and often dangerous. But in the eighteen forties, a group of men began to ask local factory owners to give people an extra half day off on Saturday afternoon.

One of these men, Robert Lowes, was the great, great grandfather of the British actor, Sir Ian McKellen. Lowes and his colleagues had three



reasons for this change. The first reason was commercial. When people worked from Monday to Saturday, they had no time to spend their money, because shops were shut on Sunday. The second reason was religious. People were tired from the working week, so they didn't always go to church on Sundays. The last reason was economic. When people had more time off, they could rest more, be healthier and work harder during the week.

In eighteen forty-three, Lowes and his colleagues persuaded many of Manchester's factory owners to close their factories at two o'clock on Saturday. By the eighteen seventies, all workers had the same one-and-a-half-day weekend. The extra half day made a big difference to people and to society. With more free time, people could relax, shop and watch and play sports.

In fact, Manchester's love of football began at this time; in eighteen seventy-eight Newton Heath football club began and two years later St Mark's football club was formed. Newton Heath became Manchester United. And St Mark's became Manchester City.

The British weekend has continued to change and, by the nineteen sixties, we had a two-day weekend. Today we enjoy a very different weekend to our ancestors. We now watch and play sports. We go to the cinema. We eat out in restaurants. Or we go to shopping centres like this one – the Arndale Centre – because in the nineteen nineties the law changed and shops started to open on Sundays.

But all these changes haven't been good for everyone. Some people, shop assistants for example, have to work at the weekend and are not paid any extra.

Maybe our working week will change again to improve our quality of life. One suggestion is that we make the working week four days and increase the weekend to three days. In theory, this would be better for the economy, because more people would

have a job, and we would also spend more time with our families. Seventy-one per cent of British workers think Britain would be a happier place with a three-day weekend. Until that happens, have a good weekend – a two-day weekend!

Revise and Check

Can you understand these people? 3&4 (4.25)

1

- I When was the last time you were at an airport?
- **S** Um, about a month ago.
- I Were you going somewhere or meeting someone?
- **S** I was meeting, um, my mother, who was, er, she arrived at midnight, coming back from Tenerife.

2

- I Do you have any plans for tonight?
- **Su** Er, yes, I do have plans for tonight. I'm going to a party with some friends.

3

- I What housework do you hate doing?
- **C** I hate cleaning the bathroom, that's my least favourite job around the house.
- I Is there anything you don't mind doing?
- **C** I don't mind cleaning the kitchen, because there's usually a lot of food to eat.

4

- I Have you ever bought something online and had a problem?
- A I, I bought clothes online that didn't fit, but that's about it.

5

- I How organized are you?
- **M** Er, not very. Um, I tend to be fairly disorganized, but still get things done.
- I Have you ever missed a train or a flight?
- **M** Yes, yes. I was flying to Poland and didn't wake up in the morning, and got to the gate as the flight was leaving.



Practical English Episode 3

Rob has a problem (5.21)

Holly Hey, Rob, come on. Keep up.

Rob Sorry. I'm a bit tired this morning.

Holly You aren't exactly in good shape, are you?

Rob I know, I know. I think I'm eating too

much.

Holly Then eat less!

Rob It isn't easy. I eat out all the time. And the

portions in American restaurants are

enormous.

Holly You don't do enough exercise.

Rob I walk a lot.

Holly Walking isn't enough, Rob. Do you do

anything to keep fit?

Rob I cycle when I'm in London...

Holly So why don't you get a bike here?

Rob I'm only here for another three weeks.

Anyway, my hotel's near the office. I don't

need a bike.

Holly You know, Jennifer goes running all the time.

Before and after work. But I just think that running is so boring. I mean, where's the

fun?

Rob Yeah, I'm not very keen on running.

Holly So why don't you play basketball with me

and my friends?

Rob OK. That's a great idea! But I don't have any

trainers.

Holly Trainers? Sneakers! You can buy some.

Rob Is there a sports shop near here?

Holly Sure, there's one across the street.

Making suggestions with Why don't you...? (5.22)

A Why don't you get a bike?

B That's a good idea, but I'm only here for a month.

A Why don't you come and play basketball?

B That's a great idea!

Vocabulary – shopping (5.23)

1 S, M, L and XL

2 S is small, M is medium, L is large, and XL is

extra large

3 a changing room

4 a receipt

5 twenty-five pounds ninety-nine

seventy-five pence

forty-five dollars

fifteen cents

twelve euros fifty

Taking something back to a shop (5.24)

Sales Assistant Can I help you, sir?

Rob Yes. Do you have these in

an eight?

Sales Assistant Just a minute, I'll go and

check.

Sales Assistant Here you are, these are an

eight. Do you want to try

them on?

Rob No, thanks. I'm sure they'll

be fine. How much are they?

Sales Assistant They're \$83.94.

Rob Oh, it says \$72.99.

Sales Assistant Yes, but there's an added

sales tax of 15%.

Rob Oh, OK. Do you take

Mastercard?

Sales Assistant Sure.

Sales Assistant Can I help you?

Rob Yes, I bought these about

half an hour ago.

Sales Assistant Yes, I remember. Is there a

problem?

Rob Yes, I'm afraid they're too

small.

Sales Assistant What size are they?

Rob They're an eight. But I take a

UK eight.



Sales Assistant Oh right. Yes, a UK eight is a Yes, I'm afraid they're too Rob US nine. small. Rob Do you have a pair? Sales Assistant What size are they? **Sales Assistant** I'll go and check. Just a Rob They're an eight. But I take a minute. UK eight. **Sales Assistant** I'm sorry, but we don't have **Sales Assistant** Oh right. Yes, a UK eight is a these in a nine. But we do US nine. have these and they're the Rob Do you have a pair? same price. Or you can have **Sales Assistant** I'll go and check. Just a a refund. minute. Rob Erm...I'll take this pair then, Sales Assistant I'm sorry, but we don't have please. these in a nine. But we do **Sales Assistant** No problem. Do you have have these and they're the the receipt? same price. Or you can have Rob Yes, here you are. a refund. **Sales Assistant** Brilliant. Rob Erm...I'll take this pair then, please. Taking something back to a shop - listen and Sales Assistant No problem. Do you have repeat (5.25) the receipt? Sales Assistant Can I help you, sir? Rob Yes, here you are. Rob Yes. Do you have these in **Sales Assistant** Brilliant. an eight? **Sales Assistant** Just a minute, I'll go and Rob decides to do some exercise (5.26) check. Rob Hi Jenny. Sales Assistant Here you are, these are an Jenny Oh, hi. eight. Do you want to try Rob Have you had a good day? them on? **Jenny** Oh, you know. Meetings! What about you? Rob No, thanks. I'm sure they'll Rob It was great. I went to Brooklyn and met be fine. How much are they? some really interesting people. **Sales Assistant** They're \$83.94. **Jenny** And you had time to go shopping, too. Rob Oh, it says \$72.99. Rob What? Oh yeah. I've just bought these. **Sales Assistant** Yes, but there's an added **Jenny** What are they? sales tax of 15%. Rob A pair of trainers – er, sneakers. Oh, OK. Do you take Rob Jenny Nice. Why did you buy sneakers? Mastercard? Rob I think I need to get a bit fitter. Sales Assistant Sure. Jenny I'm impressed. You know, I go running every Can I help you? Sales Assistant morning in Central Park. Yes, I bought these about Rob Rob Do you? half an hour ago. **Jenny** It's so beautiful early in the morning. Why **Sales Assistant** Yes, I remember. Is there a don't you come with me? problem?

Rob

Er...sure. Why not?



Jenny Great! I'll come by your hotel tomorrow morning.

Rob OK. What time?

Jenny Six forty-five?

Rob Six...?

Jenny Forty-five.

Rob Can we make it a bit later? Say, seven forty-

Jenny That's too late, Rob. Let's make it seven fifteen.

Rob OK.

Jenny Excellent. See you later.

Rob Great.

Holly Basketball and running, Rob. You must have

a lot of energy.

Rob Er...yeah.

Social English phrases (5.27)

1 Have you had a good day?

2 Oh, you know. Meetings!

3 Why don't you come with me?

4 Can we make it a bit later?

5 Let's make it seven fifteen.

6C Video Listening

What do our dreams really mean?

Meet Tom. Like everyone, Tom likes to get a good night's sleep. And like us all, Tom has about five separate dreams every night. These dreams can last between fifteen and forty minutes. According to experts, our dreams tell us who we are, what we need, and what we believe in, so, for Tom and for everyone else, here is a guide to the most common dreams and their meanings.

Dream one: somebody is running after you.

If you have this dream, it means something is worrying you in real life. Something like a difficult decision or a difficult situation with a friend or a colleague. People often have this dream again and again until they make the decision or deal with the

situation that is worrying them.

Dream two: you can't find something you need.

Dreaming about losing something and trying to find it again is surprisingly common. It usually means that you're worried about something stressful that you need to do soon, like going on a long journey or giving a talk in public. In these situations, people sometimes dream about losing their passport or tickets, or losing their notes or memory stick.

Dream three: you're unprepared for an exam.

This dream is common for young adults or children who are under stress, and it can feel very real — sometimes you can wake up sure that you've just failed an important exam or test. If you're not doing any exams in real life, this dream could mean that you don't have enough confidence in your ability to do something.

Dream four: you're flying or falling.

Another very common dream is the flying dream. Sometimes people dream that they are in control. If you feel in control, it means that your life is successful – perhaps you've just passed an important exam, or your boss has given you a promotion. But usually, people dream that they're out of control, and falling. This means the opposite – your life isn't going well, and you're worried about what's going to happen in the future.

Dream five: you're underwater.

If you dream that you're underwater, but you're feeling happy and comfortable and you can still breathe, it could mean you have very strong feelings for someone. You're probably in love!

Dream six: you're in an out of control vehicle.

A dream about cars is a dream about your direction in life. If you dream that you're driving, and you lose control of your car, you probably feel that your life is out of control. If somebody you know is driving, then



perhaps you feel that they have problems in their life, and need your help.

Dream seven: you find a new room in your house.

This dream means that you're having an exciting time in your life, and you're discovering new possibilities. If the room is white, it means you want to make a new beginning in your life.

Dream eight: You're late for a meeting or appointment.

Dreaming that you're late for a meeting represents your worry about taking a different direction in your life. Perhaps you're not one hundred per cent confident about making a change. This dream can also mean that you feel like you don't have enough time to get something done.

Sometimes, dreams come true, but more often, they don't. Sweet dreams!

Revise and Check

Can you understand these people? 5&6 (6.21)

1

- I Do you have more free time than three years ago?
- K I actually definitely do have more free time than I did a couple of years ago, so I actually just graduated from college. This is my first year working full time, so working nine to five frees up your evenings, so definitely more free time than before.

2

- What's the most beautiful city you've ever been to?
- **S** That's such a good question. Um, I think probably Athens.
- I Why?
- **S** It's, it's just, it's absolutely gorgeous the Acropolis, the Parthenon, the sights are beautiful. Yeah, it's the best place to go.

3

- I What do you drink in a typical day?
- **A** In a typical day I usually just drink, er, a lot of coffee and water, sometimes juice.
- I Is there anything you drink too much of?
- A I probably drink too much coffee.
- I Is there anything you don't drink enough of?
- A I don't drink enough water most days, but I'm trying to get better.

4

- I Are you an optimist or a pessimist?
- **C** I am a realist. Um, yeah, more pessimistic than optimistic.

5

- I Do you often dream about the same thing?
- P Yes, I do. I had a really, really awful teacher at high school for history, and she was always really mean. And when I finished high school, I always dreamed that she would say, 'You will never pass your A levels'. And now I always dream of the same teacher from high school telling me, 'You will never finish your degree,' so that's kind of weird, yeah.

Practical English Episode 4

Running in Central Park (7.18)

Jenny You OK?

Rob Me? Never better.

Jenny It's beautiful here, isn't it? I think this is my favourite place in New York.

Rob Yeah, it's great.

Jenny So how's it all going? Are you happy you came?

Rob To Central Park? At seven fifteen in the morning?

Jenny To New York, Rob.

Rob Yeah. Of course I'm happy. It's fantastic.

Jenny Really? You aren't just saying that.

Rob No, I mean it.



Jenny You need to get in shape, Rob.

Rob I know. I am a bit tired of eating out

all the time. It isn't good for my

figure.

Jenny It's the restaurants you go to! Why

don't you come over to my place after work? I could make you something a little healthier.

Rob I'd really like that. Thanks.

Jenny So, how do you feel now? Are you

ready to go again?

Rob Oh yes! I'm ready for anything.

Jenny Are you sure you're OK?

Rob Absolutely.

Jenny OK. We'll only go around two more

times.

Rob Two? Excellent!

Vocabulary - feeling ill (7.19)

What's the matter?

2 I have a headache

4 I have a cough.

1 I have flu.

5 I have a temperature.

6 I have a bad stomach.

3 I have a cold.

Going to a pharmacy (7.20)

Pharmacist Good morning. Can I help you?

Rob I'm not feeling very well. I think I

have flu.

Pharmacist What are your symptoms?

Rob I have a headache and a cough.

Pharmacist Do you have a temperature?

Rob No, I don't think so.

Pharmacist Are you allergic to any drugs?

Rob I'm allergic to penicillin.

Pharmacist No problem. This is ibuprofen. It'll

make you feel better.

Rob How many do I have to take?

Pharmacist Two every four hours.

Rob Sorry? How often?

Pharmacist Two every four hours. If you don't

feel better in 48 hours, you should

see a doctor.

Rob OK, thanks. How much is that?

Pharmacist \$6.99, please.Rob Thank you.

Pharmacist You're welcome.

Going to a pharmacy - listen and repeat (7.21)

Pharmacist Good morning. Can I help you?

Rob I'm not feeling very well. I think I

have flu.

Pharmacist What are your symptoms?

Rob I have a headache and a cough.

Pharmacist Do you have a temperature?

Rob No, I don't think so.

Pharmacist Are you allergic to any drugs?

Rob I'm allergic to penicillin.

Pharmacist No problem. This is ibuprofen. It'll

make you feel better.

Rob How many do I have to take?

Pharmacist Two every four hours.

Rob Sorry? How often?

Pharmacist Two every four hours. If you don't

feel better in 48 hours, you should

see a doctor.

Rob OK, thanks. How much is that?

Pharmacist \$6.99, please.Rob Thank you.

Pharmacist You're welcome.

Dinner at Jenny's apartment (7.22)

Rob That was a lovely meal. Thanks, Jenny.

Jenny That's OK.

Rob It's been great being in New York. You know,

your offer to work here came at a very

good time for me.

Jenny Really?

Rob Yeah, I was looking for something new.

Something different. You see, I broke up



with my girlfriend a few months before I met you.

Jenny Oh...right...

Rob What about you?

Jenny What about me?

Rob You know...relationships?

Jenny Oh... I've been too busy recently to think about relationships. Getting this job at the magazine was a really big thing for me. I guess that's taken up all my time and energy.

Rob But that isn't very good for you. Only thinking about work, I mean.

Jenny Why didn't you tell me you weren't feeling well this morning? We didn't have to go for a run.

Rob I wanted to go. It was nice.

Jenny Well, I'm glad you're feeling better. Would you like another coffee?

Rob No, thanks. I think I should get back to the hotel now, I've got a really busy day tomorrow. Do you have a telephone number for a taxi?

Jenny Yeah...but it's much easier to get a cab on the street.

Rob Oh, OK, then.

Jenny I'll see you in the morning, if you're feeling OK.

Rob Oh, I'm sure I'll be fine! Thanks again for a great evening.

Jenny Any time.
Rob Goodnight.
Jenny Night, Rob.

have got (7.23)

A I've got a busy day tomorrow.

B Have you got any children?

A Yes, I have. I've got a girl and a boy.

B No, I haven't. I haven't got children.

Social English phrases (7.25)

1 That was a lovely meal.

2 That isn't very good for you.

3 I'm glad you're feeling better.

4 I think I should get back to the hotel now.

5 I'm sure I'll be fine.

6 Thanks again for a great evening.

8C Video Listening

Girl - Parts 1 and 2 (8.18, 8.19)

Girl by O Henry

Detective I've found where she lives. Here's

the address. She moved there a week ago. I can follow her if you want. It will only cost you \$7 a day

and expenses...

Hartley No, thank you. I only wanted the

address. How much is it?

Detective One day's work, ten dollars.

Then Hartley left his office and took a tram to Broadway. After walking a short distance he arrived at the building that he was looking for. He went up the stairs into her apartment, and saw her standing by the window.

Hartley Vivienne, you didn't answer my last

letter. It took me a week to find your new address! Why didn't you answer me? You knew I was waiting to see

you and hear from you.

Vivienne Mr Hartley, I don't know what to say

to you. I understand all the advantages of your offer, and

sometimes I feel sure that I could be happy with you. But, then sometimes I am less sure. I was born a city girl, and I am not sure that I would enjoy living a quiet life in the suburbs.

Hartley My dear girl, you will have everything

that you want. You can come to the



city for the theatre, for shopping, and

to visit your friends as often as you

want. You can trust me, can't you?

Vivienne I can trust you completely, I know

you are the kindest of men, and that the girl who you get will be very lucky. I heard all about you when I

was at the Montgomerys'.

Hartley Ah! I remember so well the evening I

first saw you at the Montgomerys'. I will never forget that dinner. Come on, Vivienne, promise me. I want you. Nobody else will ever give you

such a happy home. Tell me,

Vivienne, is there...is there someone

else?

Vivienne You shouldn't ask that, Mr. Hartley,

but I will tell you. There is one other person...but I haven't promised

him anything.

Hartley Vivienne, you must be mine.

Vivienne Do you think for one moment, that I

could come to your home while

Héloise is there?

Girl - Part 3 (8.24)

Hartley Héloise will go. I haven't had one

day without problems since I met her. You're right, Vivienne. Héloise must go before I can take you home.

But she will go. I've decided...

Vivienne Then...my answer is yes. I will be

yours.

Hartley Promise me.Vivienne I promise.

Hartley I will come for you tomorrow.

Vivienne Tomorrow.

An hour and forty minutes later, Hartley stepped off the train when it stopped in the suburbs. He walked to his house, went inside and walked up the stairs. Girl - Part 4 (8.25)

Hartley's wife My mother's here. But she's leaving

in half an hour. She came to have dinner, but there's nothing to eat.

Hartley I have something to tell you.

Hartley's wife Oh, Mother! What do you think?

Vivienne is coming to be our cook!

She is the cook that was with the Montgomerys. She's going to be ours! And now, dear, you must go to the kitchen and tell Héloise to leave.

She's been drunk again all day.

Revise and Check

Can you understand these people? 7&8 (8.27)

1

I What's your idea of happiness?

S That's a difficult question. Um, my idea of happiness is probably relaxing with friends in my home, listening to nice music, with lovely food for

everyone.

2

I What foreign languages do you speak?

T I speak French.

How well do you speak it?

 ${f T}$ Quite well. Not fluently, but well enough to get

around.

3

I If you have a problem, who do you ask for advice, friends or family?

menus or family?

K When I have a problem, I usually ask close friends

for advice.

I Why?

K My parents are a lot older than me, so their advice is really great for certain things, but most of the things I'm going through right now, my friends

are pretty good.



4

- What advice would you give someone who can't sleep at night?
- J If someone couldn't sleep at night, I'd usually advise them to do something like meditation, so some kind of breathing exercises which would calm them down, um, and also just to be in an environment where they feel comfortable and safe I guess, rather than in an environment that stresses them out, maybe keep their phone out of the bedroom, or something like that.

5

- I Do you think the British are bad at learning languages?
- A I think we do tend to be rather bad at learning languages.
- I Why?
- **A** I think we can be a bit lazy, because everybody else speaks English.

Practical English Episode 5

Holly and Rob in Brooklyn (9.17)

Holly That was a good day's work, Rob. You did a great interview.

Rob You took some great photos, too. They're really nice.

Holly Thanks. Hey, let's have another coffee.

Rob I don't know. I have to get to Manhattan.

Holly You don't have to go right now.

Rob I'm not sure. I don't want to be late.

Holly Why do you have to go to Manhattan?

Rob I've got a...erm...

Holly A date? You have a date?

Rob Uh huh.

Holly Is it with anybody I know?

Rob No, it isn't. Anyway, excuse me a minute. I need to go to 'the rest room'.

Holly That's very American. I'll order more coffees.

Rob OK.

Jenny Rob?

Holly Is that you, Jennifer?

Jenny Oh, hi Holly. Erm...is Rob there?

Holly Yeah, one second. Rob! Not anybody I know, huh?

Rob Hi, Jenny.

Jenny Rob? Are you still in Brooklyn?

Rob Yeah..

Jenny You know the reservation at the restaurant's for eight, right?

Rob Don't worry. I'll be there! Oh, how do I get to Greenwich Village on the subway?

Vocabulary - directions (9.18)

1 Turn left.

2 Go straight on.

3 Take the second turning on the right.

4 Turn right at the traffic lights.

5 Go round the roundabout and take the third exit.

Asking how to get there (9.19)

Rob How do I get to Greenwich Village on the subway?

Jenny Go to the subway station at Prospect Park.

Take the B train to West 4th Street.

Rob How many stops is that?

Jenny Six or seven.

Rob OK. And then?

Jenny From West 4th Street take the A train, and get off at 14th Street.

Rob Could you say that again?

Jenny OK. From Prospect Park take the B train to West 4th Street, and then take the A train to 14th Street. That's only one stop.

Rob Where's the restaurant?

Jenny Come out of the subway on Eighth
Avenue...go straight on for about 50 yards,
and take the first left. That's Greenwich
Avenue. The restaurant's on the right. It's
called 'The Tea Set'.



Rob OK, thanks. See you later.

Jenny And don't get lost!

Asking how to get there - listen and repeat (9.20)

Rob How do I get to Greenwich Village on the

subway?

Jenny Go to the subway station at Prospect Park.

Take the B train to West 4th Street.

Rob How many stops is that?

Jenny Six or seven.

Rob OK. And then?

Jenny From West 4th Street take the A train, and

get off at 14th Street.

Rob Could you say that again?

Jenny OK. From Prospect Park take the B train to

West 4th Street, and then take the A train to 14th Street. That's only one stop.

Rob Where's the restaurant?

Jenny Come out of the subway on Eighth Avenue,

go straight on for about 50 yards and take the first left. That's Greenwich Avenue. The

restaurant's on the right. It's called The Tea

Set.

Rob OK, thanks. See you later.

Jenny And don't get lost!

Rob is late...again (9.21)

Rob Jenny! I'm here.

Jenny Hi.

Rob I'm so sorry. There was a problem on the

underground.

Jenny We call it the subway here.

Rob Right. Anyway, the train stopped for about

twenty minutes. I tried to call but there was

no signal.

Jenny I've been here since seven forty-five.

Rob I know. I ran from the underground... subway

station... I'm so sorry.

Jenny You're always late. It's funny, isn't it?

Rob I said I'm sorry. Look, why don't we go back

inside the restaurant?

Jenny I waited for an hour for you. I don't want to stay here anymore.

Rob Maybe we could...we could go for a walk. We

could find another restaurant.

Jenny I don't feel like a walk. It's been a long day.

Rob OK.

Jenny But the night is still young. Maybe you have

time to meet up with Holly again.

Rob Holly?

Jenny I'm sorry. I didn't mean to say that.

Rob I don't care about Holly.

Jenny Forget it, Rob. Now if you don't mind, I'd like

to go home.

Rob Listen to me, Jenny. Holly is just a colleague.

Jenny I said forget it. It's OK.

Rob No, it isn't OK. Look. I know I'm always late.

And I know the underground is the subway.

But that's not the point! I'm not interested in

Holly. I came to New York because of you! The only person I'm interested in is you!

....

Social English phrases (9.22)

1 I'm so sorry.

2 I said I'm sorry.

3 I don't feel like a walk.

4 It's been a long day.

5 I didn't mean to say that.



10C Video Listening

Invented by women

Hello, and welcome to Science Now. When we think of famous inventors, we often think of men – like Alexander Graham Bell, Guglielmo Marconi, and Thomas Edison. But many of the things which make our lives easier or safer today were invented by women. And on today's show, we're going to look at six of them.

One invention that definitely improved the lives of millions of people was the disposable nappy. They were invented by a woman called Marion Donovan. Her father and uncle were inventors and, when she had young children, she invented a nappy that you could use and then throw away. Before her invention, babies wore nappies made of cotton – like these. And this meant a lot of washing. Although she invented the disposable nappy in the nineteen forties, it wasn't until nineteen fifty-one that an American company bought Donovan's idea. Today, millions of disposable nappies are used every day, and Donovan's invention is now more eco-friendly. You can buy biodegradable nappies!

And now another invention which has made life easier. The dishwasher was invented by a woman called Josephine Cochrane in eighteen eighty-six. She was a rich American who gave a lot of dinner parties. But she was annoyed that her servants often broke plates and glasses when they were washing up after a party. Oops! So, Cochrane decided to invent a machine which could wash a lot of plates and glasses safely. She said, 'If nobody else is going to invent a dishwasher, then I will!' She designed the machine, and then she found a company to make it. At first, only hotels and restaurants bought Cochrane's new machine, but today, the dishwasher is used in homes all over the world.

The car was invented by a man, but it was a woman,

Mary Anderson, who solved one of the biggest problems of driving. On a trip to New York in nineteen oh three, Anderson noticed that drivers had to open their windows to see where they were going when it was raining. When she returned to her home in Alabama, she invented windscreen wipers, which made driving a lot safer.

Our fourth invention made life safer for people living in flats or apartments – video entry phones. They were invented in nineteen sixty-six by Marie Van Brittan Brown, a nurse who lived in New York. Her neighbourhood was quite dangerous and Brown was often at home alone, so she decided to invent something that would make her feel safer. With the help of her husband, an electrician, she developed a camera that you could put by the front door. This camera sent a picture of the person at the door to a screen inside the flat, and there was also a microphone so you could talk to the person outside. If the person was a welcome visitor, you pushed a button to let them in. If not, you could push another button to contact a security company. This system is now common all over the world.

And now an invention that has saved a lot of lives. The modern life raft was invented by Maria Beasley in eighteen eighty and then improved in eighteen eighty-two. Before her invention, life rafts were just wooden platforms, and many people died in accidents at sea. Four of her life rafts were used on the Titanic, alongside the ship's normal lifeboats. When the Titanic sank in nineteen twelve, only seven hundred and six people survived, and nearly two hundred of them were in the life rafts designed by Beasley.

Our last invention is one of today's most important green technologies. Mária Telkes, a Hungarian-American scientist, worked at the Massachusetts Institute of Technology in the United States in the nineteen forties. She was so interested in the power



of the sun, that her nickname was 'the Sun Queen'. In nineteen forty-eight, she designed the first house which was heated completely by the sun. The system worked for three years. The solar technology we use today is very different from Telkes's invention, but – like all our female inventors – she showed the world what was possible. And today solar technology has the power to change our lives and save our environment.

Revise and Check

Can you understand these people? 9&10 (10.15)

1

- I What animal would you most like to see in the wild, for example on a safari?
- **H** Oh, that's a really good question. Probably an elephant.
- I Why?
- **H** I think they're amazing. They're so big, and just, they sort of live in the wilderness, and yeah.

2

- I Do you have a phobia?
- **M** I'm frightened of spiders.
- I How long have you had it?
- **M** Er, since I was about five or six I think, but I'm not sure.
- I How does it affect your life?
- M Um, I normally have to check a room to see if there's a big spider in it before I go to sleep, because, one time a spider, er, joined me in my bed.

3

- Who's the oldest person you know well?
- **D** My great aunt is a hundred and four, living in California.
- I What kind of life has she had?
- **D** She has had a great life. She's still travelling at a hundred and four.

4

- I Do you do any sport or exercise?
- S I run and I hike, and I do yoga.
- I Do you enjoy it?
- **S** I love hiking, hiking is my favourite, and I just love being in nature and outdoors, and experiencing nature on foot.

5

- I Are you a morning or evening person?
- K Um, I'm a morning person. Um, I feel a lot more awake in the morning than in the evening, um, so I tend to get up early, even when I'm not at, even when I'm not at work. Um, and I prefer to go to bed earlier.

Practical English Episode 6

Rob and Jenny talk about the future (11.23)

Jenny I can't believe it. Your month here is

nearly over. It's gone so fast.

Rob I know. I've had a great time, Jenny.

Jenny Me too. It's been really special. But...

Rob But what?

Jenny It won't be the same when you're in

London and I'm here.

Rob But we'll still be in touch. You can

visit me in London and I can come

back here to see you.

Jenny It still won't be the same.

Rob No. No, it won't.

Jenny Maybe...I could come back to

London with you?

Rob You can't do that, Jenny. You've just

got this job.

Jenny That's true.

Rob Well, we still have some time

together. We're going out for dinner

tonight!

Jenny Yes, and I'm going to take you

somewhere really nice.



Rob

Rob Look at the time. I have to go now; Just a second. I'm sorry, the line's Receptionist it's my last interview in New York. I busy. Do you want to hold? don't want to be late. Rob OK. I'll hold. OK. See you later then. **Jenny** Barbara Hello. Rob Rob Bye. Hi, Barbara. It's me, Rob. Barbara Jenny, is Rob here? Barbara Rob, hi! I tried to call you earlier. Oh, you just missed him, Barbara. **Jenny** Rob What did you want to talk about? Barbara I really need to talk to him. I'll try him On the phone - listen and repeat (11.25) on his cell phone. Hello, Rob? It's Hello. Broadway Grill. Man Barbara. Can you give me a call? Rob Oh, sorry. I have the wrong number. There's something I'd like to talk NewYork 24seven. How can I help Receptionist about. you? On the phone (11.24) Rob Hello. Can I speak to Barbara Man Hello. Broadway Grill. Keaton, please? Rob Oh, sorry. I have the wrong number. Receptionist Just a second. I'll put you through. Receptionist New York 24seven. How can I help Hello. Rob Hi, is that Barbara? you? Rob Hello. Can I speak to Barbara Receptionist No, I'm sorry. She's not at her desk Keaton, please? Receptionist Just a second. I'll put you through. Rob Can I leave a message, please? Hello. Receptionist Sure. Rob Hi, is that Barbara? Rob Can you tell her Rob Walker called. No, I'm sorry. She's not at her desk Receptionist I'll call back later. Receptionist I'll give her the message. You could right now. Rob Can I leave a message, please? try her cell phone. Receptionist Rob Yes, I'll do that. Thank you. Sure. Rob Can you tell her Rob Walker called. Barbara I'm sorry, I can't take your call at the I'll call back later. moment. Please leave a message I'll give her the message. You could Receptionist after the beep. try her cell phone. Rob Hello, Barbara. This is Rob returning Rob Yes, I'll do that. Thank you. your call. Barbara I'm sorry, I can't take your call at the Receptionist NewYork 24seven. How can I help moment. Please leave a message after the beep. Rob Hello. It's Rob again. Can I speak to Rob Hello, Barbara. This is Rob returning Barbara, please? Receptionist Just a second. I'm sorry, the line's your call. Receptionist NewYork 24seven. How can I help busy. Do you want to hold? OK, I'll hold. you? Rob

Barbara

Rob

Hello.

Hello. It's Rob again. Can I speak to

Barbara, please?

Hi, Barbara. It's me, Rob.



Rob, hi! I tried to call you earlier.

Rob What did you want to talk about?

In Central Park again (11.26)

Rob Jenny.

Jenny Rob! I have something to tell you.Rob I have something to tell you too. You

go first.

Jenny Well. I thought again about moving

to London...

Rob But you don't need to move to

London.

Jenny What?

Rob Barbara called me earlier.

Jenny What about?

Rob She offered me a job. Here, in New

York!

Jenny What?! Oh, that's great news.

Rob You don't seem very pleased.

Jenny I am, I mean, it's great! It's just that...

Rob What?

Jenny I sent Barbara an email this morning.

Rob And?

Jenny I told her I was quitting and moving

to London.

Rob Don't worry. Maybe she hasn't read

your email yet.

Jenny I'll call her.

Barbara Hello, Barbara Keaton.

Jenny Barbara? It's Jenny.

Barbara Oh, hi Jenny.

Jenny Um, have you read your emails

recently? There's one from me.

Barbara Oh yes. I can see it. I haven't

opened it yet.

Jenny Don't open it! Delete it! Please just

delete it. I'll explain later.

Barbara OK... It's gone. Is everything alright,

Jenny?

Jenny Yes, thanks. Never better.

Social English phrases (11.27)

1 You go first.

2 That's great news.

3 I'll call her.

4 I'll explain later.

5 Is everything alright?

6 Never better.

12C Video Listening

Pub quiz

Good evening, everyone! Welcome to this week's quiz. I hope you've got a drink and you're feeling

confident. Here are a few rules as always.

You'll hear each question twice. Write your answers on your answer sheets, and remember: you mustn't use your phone to Google any of the answers! We might even get a fair result that way, who knows?!

And lastly: please remember to write your team name

on your answer sheets.

Right, everyone, round one – sports!

Question 1: Which English football team plays at Old

Trafford?

2 How many events are there in the decathlon?

3 How many times did Usain Bolt win the Olympic

100 metres race?

4 Which is the biggest, a football, a volleyball, or a

basketball?

5 Who won the men's singles at Wimbledon seven

times between

2003 and 2012?

OK – next round...music.

Question 1: What's the name of the lead singer in

the band Coldplay?

2 Which Italian opera singer became blind at the age

of 12 after a football accident?



- **3** How many strings does a violin have?
- **4** In which country did the pop group Abba form in 1972?
- **5** What was Beethoven's first name?

And the final round is Geography.

Question 1: In which European city could you visit the Doge's Palace and St Mark's Square?

- **2** Which rainforest produces over 20% of the world's oxygen?
- **3** Which is the only city in the world that is in two separate continents?
- **4** What is the capital of the Republic of Ireland?
- **5** Angel Falls is the world's highest waterfall. Which country is it in?

OK, time for the answers. Swap your answer sheets please. Here are the answers for Round 1: Sport

Which English football team plays at Old Trafford? Manchester United.

- 2 How many events are there in a decathlon? Ten.
- **3** How many times did Usain Bolt win the Olympic 100 metres race? Three.
- **4** Which is the biggest, a football, a volleyball, or a basketball? A basketball.
- **5** Who won the men's singles at Wimbledon seven times between 2003 and 2012? Roger Federer.

Music

Question 1: What's the name of the lead singer in the band Coldplay? Chris Martin.

- **2** Which Italian opera singer became blind at the age of 12 after a football accident? Andrea Bocelli.
- 3 How many strings does a violin have? Four.
- **4** In which country did the pop group Abba form in 1972? Sweden.



5 What was Beethoven's first name? Ludwig.

And finally...Geography.

Question 1: In which European city could you visit the Doge's Palace and St Mark's Square? Venice.

- **2** Which rainforest produces over 20% of the world's oxygen? The Amazon.
- **3** Which is the only city in the world that is in two separate continents? Istanbul.
- **4** What is the capital of the Republic of Ireland? Dublin.
- **5** Angel Falls is the world's highest waterfall. What country is it in? Venezuela.

OK, add up the scores and bring the answer sheets to me... OK, and the winners are...

Revise and Check

Can you understand these people? 11&12 (12.10)

1

- I Did you like school?
- M I loved school actually. Um, I think I preferred senior school more than junior school, but yeah, um, lots of friends, lots of, sort of sporting activities and things, so yeah, I loved it.
- I What were your best and worst subjects?
- M My best subject was probably mathematics. Um, loved mathematics and found I was, sort of, very capable at it, so it was quite easy. Um, I think it's one of those things that's natural. But, um, worst subject, maybe Latin. Never very good at languages even though I use them every day now, but never very, I like languages now but I hated them at school.



2

- I Did you have a favourite or least favourite teacher at school?
- **C** Um, let me think about that. Yes, I, um, liked the French teacher. She was probably my favourite, favourite teacher because, um, she was French and she taught us to speak with a very good French accent.
- I Did she inspire you?
- C She did, and I'm still learning French and go, I live in Australia, um, and I go to France every year and I go to French language schools.

3

- I Do you have a problem making decisions? What about?
- J It depends what sort of decision it is. If it's a sort of instant decision, I make pretty good instant decisions, but the longer you think about them, then I probably decide, or try to decipher, which is the best decision. So, instant decisions is a better way for me.

4

- I Do you know any twins? Are they identical?
- A Yes, I'm a twin myself. I have a twin brother. And my sister has got twin boys. They're aged 16 and they're not identical. They don't look very similar and they don't have similar personalities either.

5

- I Who do you think gossips more, men or women? Why?
- K I think stereotypic-, stereotypically people say women gossip more, um, but I actually think men gossip quite a lot as well. I think, I think men gossip more in a factual way, whereas women gossip more, maybe, in more of a personal, emotional way, so maybe in kind of a nastier way than what men do, I would say. But I would say that they probably gossip the same, or in a similar way.