

English File

Upper-intermediate

Fourth edition

Wordlist

adj = adjective adv = adverb det = determiner n = noun pl n = plural noun phr v = phrasal verb prep = preposition pron = pronoun v = verb

English	Pronunciation	Example sentence	File	Section
foolproof <i>adj</i>	/fu:l pru:f/	This app is foolproof . Absolutely anyone can use it.	File 1	Working out meaning from context
geek <i>n</i>	/gi:k/	I call myself a geek because I love technology and science-fiction.	File 1	Working out meaning from context
good-natured rivalry <i>phr</i>	/gʊd 'neɪtʃəd 'raɪvlri:/	Our offices have a good-natured rivalry to get the better sales figures.	File 1	Working out meaning from context
gut feeling <i>phr</i>	/gʌt 'fi:lɪŋ/	I have a gut feeling that this is going to go wrong.	File 1	Working out meaning from context
job-seeker <i>n</i>	/dʒɒb 'si:kə/	Job-seekers have to work hard at applying to lots of places.	File 1	Working out meaning from context
light-hearted response <i>phr</i>	/laɪt 'hɑ:tɪd rɪ'spɒns/	I was relieved at his light-hearted response . I was worried he'd be angry.	File 1	Working out meaning from context
the point of <i>phr</i>	/ðə pɔɪnt əv/	The point of the matter is that we need to change. That's the main thing.	File 1	Working out meaning from context
work-life balance <i>phr</i>	/wɜ:k laɪf 'bæləns/	Do you have a good work-life balance ? ~ Yes, I have time for my family and my hobbies.	File 1	Working out meaning from context
absent-minded <i>adj</i>	/,æbsənt 'maɪndɪd/	She's so absent-minded – she's always forgetting things.	File 1	Compound adjectives
bad-tempered <i>adj</i>	/bæd 'tempəd/	Don't be so bad-tempered . You can't always win things.	File 1	Compound adjectives
big-headed <i>adj</i>	/bɪg 'hedɪd/	She always tells me how clever she is. That's so big-headed .	File 1	Compound adjectives
easy-going <i>adj</i>	/,i:zɪ 'ɡəʊɪŋ/	My husband is really easy-going and calm.	File 1	Compound adjectives
good-tempered <i>adj</i>	/,ɡʊd 'tempəd/	My mum is very good-tempered and kind.	File 1	Compound adjectives
laid-back <i>adj</i>	/,leɪd 'bæk/	I'm really laid-back – nothing bothers me usually.	File 1	Compound adjectives
narrow-minded <i>adj</i>	/,nærəʊ 'maɪndɪd/	The people who live here are judgemental and narrow-minded .	File 1	Compound adjectives
open-minded <i>adj</i>	/,əʊpən 'maɪndɪd/	Psychotherapists need to be open-minded .	File 1	Compound adjectives
self-centred <i>adj</i>	/self 'sentəd/	I worry that I'm too self-centred . I'm trying to be more aware of people's needs.	File 1	Compound adjectives
strong-willed <i>adj</i>	/strɒŋ wɪld/	My three year old is very strong-willed . She doesn't want to go to bed on time.	File 1	Compound adjectives
tight-fisted <i>adj</i>	/taɪt fɪstɪd/	Don't try to borrow money from them. They're very tight-fisted .	File 1	Compound adjectives
two-faced <i>adj</i>	/tu: feɪst/	You're so two-faced ! You tell me one thing and tell my friends something else.	File 1	Compound adjectives
well-balanced <i>adj</i>	/wel 'bælənst/	I think I'm quite well-balanced . I don't get stressed easily.	File 1	Compound adjectives
well-behaved <i>adj</i>	/wel bi'heɪvd/	They're very well-behaved children. I'm proud of them.	File 1	Compound adjectives
allergic reaction <i>n</i>	/ə'ɪl:dʒɪk rɪ'ækʃn/	I had an allergic reaction to the medicine I was given.	File 2	Vocabulary Banks: Illnesses and injuries
be sick <i>phr v</i>	/bi sɪk/	I feel terrible – I think I'm going to be sick .	File 2	Vocabulary Banks: Illnesses and injuries
bleed <i>v</i>	/'bli:d/	A cut finger can sometimes bleed for a long time.	File 2	Vocabulary Banks: Illnesses and injuries
blister <i>n</i>	/'blɪstə/	You will get a blister if you wear shoes that are too tight.	File 2	Vocabulary Banks: Illnesses and injuries
(high / low) blood pressure <i>n</i>	/haɪ ləʊ blʌd 'preʃə/	My grandparents have high blood pressure and have to take medication for it.	File 2	Vocabulary Banks: Illnesses and injuries
burn <i>v</i>	/bɜ:n/	Don't touch that hot pan – it will burn you.	File 2	Vocabulary Banks: Illnesses and injuries
choke <i>v</i>	/tʃəʊkɪŋ/	Be careful not to choke on that sweet.	File 2	Vocabulary Banks: Illnesses and injuries
cold <i>n</i>	/kəʊld/	I get at least one cold every winter.	File 2	Vocabulary Banks: Illnesses and injuries
come round <i>phr v</i>	/kʌm raʊnd/	If you pour cold water on his face he might come round .	File 2	Vocabulary Banks: Illnesses and injuries
cough <i>n</i>	/kɒf/	You've had that cough for ages. Do you need to see a doctor?	File 2	Vocabulary Banks: Illnesses and injuries
cut <i>v</i>	/kʌt/	I cut my finger when I was chopping cucumbers.	File 2	Vocabulary Banks: Illnesses and injuries
diarrhoea <i>n</i>	/daɪə'riə/	I had diarrhoea last night and had to go to the toilet six times.	File 2	Vocabulary Banks: Illnesses and injuries
dizzy <i>adj</i>	/ˈdɪzi/	If I don't eat enough I feel dizzy .	File 2	Vocabulary Banks: Illnesses and injuries
earache <i>n</i>	/ˈɪərəɪk/	I have an earache and it's really painful.	File 2	Vocabulary Banks: Illnesses and injuries
faint <i>v</i>	/ˈfeɪnt/	I faint when I see blood.	File 2	Vocabulary Banks: Illnesses and injuries
feel sick <i>phr v</i>	/fi:l sɪk/	I'm going to go home. I feel sick and I can't concentrate.	File 2	Vocabulary Banks: Illnesses and injuries
flu <i>n</i>	/flu:/	My teacher has flu and hasn't been at school all week.	File 2	Vocabulary Banks: Illnesses and injuries
food poisoning <i>n</i>	/ˈfu:d pɔɪzənɪŋ/	I ate some mussels and they gave me food poisoning .	File 2	Vocabulary Banks: Illnesses and injuries
get over <i>phr v</i>	/get 'əʊvə/	It often takes a long time to get over flu.	File 2	Vocabulary Banks: Illnesses and injuries
headache <i>n</i>	/ˈhedɪk/	If you have a headache , take some paracetamol.	File 2	Vocabulary Banks: Illnesses and injuries
hurt <i>v</i>	/hɜ:t/	Does your back hurt after driving so long?	File 2	Vocabulary Banks: Illnesses and injuries
lie down <i>phr v</i>	/ˌlaɪ 'daʊn/	Please lie down on the couch.	File 2	Vocabulary Banks: Illnesses and injuries
pass out <i>phr v</i>	/pɑ:s aʊt/	I'm so tired I think I'm going to pass out .	File 2	Vocabulary Banks: Illnesses and injuries
rash <i>n</i>	/ræʃ/	One of the symptoms of measles is a red rash .	File 2	Vocabulary Banks: Illnesses and injuries
sore throat <i>n</i>	/sɔ θrəʊt/	I can't talk too long because I have a sore throat .	File 2	Vocabulary Banks: Illnesses and injuries

do badly	/du: 'bædli/	<i>I think companies will do badly because of economic problems.</i>	File 9	Vocabulary Banks: Business
do business	/du: 'biznəs/	<i>Many companies do business in a variety of countries.</i>	File 9	Vocabulary Banks: Business
do market research	/du: ,mɑ:kɪt rɪ'sɜ:tʃ/	<i>Many companies do market research to find out more about their customers.</i>	File 9	Vocabulary Banks: Business
do well	/du: wel/	<i>If I do well I might make more money.</i>	File 9	Vocabulary Banks: Business
drop v	/drɒp/	<i>The standard of living will drop if we have a recession.</i>	File 9	Vocabulary Banks: Business
expand v	/ɪk'spænd/	<i>The company is set to expand later in the year and take on more staff.</i>	File 9	Vocabulary Banks: Business
export v	/ɪk'spɔ:t/	<i>They export the product around the world.</i>	File 9	Vocabulary Banks: Business
flop n	/flɒp/	<i>The product was a complete flop. Hardly anyone bought it.</i>	File 9	Vocabulary Banks: Business
get down to business phr	/get daʊn tu 'biznəs/	<i>Let's get down to business. We can't waste any time.</i>	File 9	Vocabulary Banks: Business
go out of business	/gəʊ aʊt ɒv 'biznəs/	<i>My favourite local café went out of business last winter.</i>	File 9	Vocabulary Banks: Business
grow v	/grəʊ/	<i>Our company hopes to grow by 5% next year.</i>	File 9	Vocabulary Banks: Business
head office	/hed 'ɒfɪs/	<i>The company has branches in many British cities, but the head office is in London.</i>	File 9	Vocabulary Banks: Business
import v	/ɪm'pɔ:t/	<i>Our country imports most of its oil.</i>	File 9	Vocabulary Banks: Business
launch n	/lɔ:ntʃ/	<i>The launch of the new phone is next week.</i>	File 9	Vocabulary Banks: Business
make a decision	/du: 'biznəs/	<i>I have to make a decision before the end of the day.</i>	File 9	Vocabulary Banks: Business
make a loss	/meɪk ə lɒs/	<i>The large company made a loss for the first time this year.</i>	File 9	Vocabulary Banks: Business
make a profit	/meɪk ə 'prɒfɪt/	<i>I think my business will make a profit this year.</i>	File 9	Vocabulary Banks: Business
make money	/meɪk 'mʌni/	<i>I need to make money quickly.</i>	File 9	Vocabulary Banks: Business
make (sb) redundant	/meɪk rɪ'dʌndənt/	<i>When you make someone redundant it's important to manage it effectively.</i>	File 9	Vocabulary Banks: Business
manufacture v	/mænʃʊ'fæktʃə/	<i>China manufactures many products for the world.</i>	File 9	Vocabulary Banks: Business
mean business phr	/mi:n 'biznəs/	<i>You should take them seriously – they mean business.</i>	File 9	Vocabulary Banks: Business
merge v	/mɜ:dʒ/	<i>The two companies will merge to create one large company.</i>	File 9	Vocabulary Banks: Business
mind your own business phr	/maɪnd jɔ: əʊn 'biznəs/	<i>What's in your bag? ~ Mind your own business!</i>	File 9	Vocabulary Banks: Business
mix business with pleasure	/mɪks 'biznəs wɪð 'pleʒə/	<i>I'm going to a conference, but I'll mix business with pleasure and also go sightseeing.</i>	File 9	Vocabulary Banks: Business
none of your business	/nʌn ɒv jɔ: 'biznəs/	<i>What are you thinking about? ~ None of your business. Don't be so nosy!</i>	File 9	Vocabulary Banks: Business
produce v	/prə'dju:s/	<i>The region produces most of the world's supply of oil.</i>	File 9	Vocabulary Banks: Business
recession n	/rɪ'seɪʃn/	<i>Many companies failed because of the recession and many people lost their jobs.</i>	File 9	Vocabulary Banks: Business
set up phr v	/set ʌp/	<i>The company was set up in 1990.</i>	File 9	Vocabulary Banks: Business
take over phr v	/teɪk 'əʊvə/	<i>The larger company wants to take over our smaller company.</i>	File 9	Vocabulary Banks: Business
unfinished business	/ʌn'fɪnɪʃt 'biznəs/	<i>I've got some unfinished business with the company. I'm still arguing with them.</i>	File 9	Vocabulary Banks: Business
absence n	/ˈæbsəns/	<i>Her absence was noted by the teacher.</i>	File 9	Vocabulary Banks: Word building
abundance n	/ə'bʌndəns/	<i>The city is famous for its abundance of parks and plazas.</i>	File 9	Vocabulary Banks: Word building
accommodation n	/ə,kɒmə'deɪʃn/	<i>Accommodation for tourists can be very expensive in London.</i>	File 9	Vocabulary Banks: Word building
alcoholism n	/ˈælkəhɒlɪzəm/	<i>Alcoholism is a growing problem as drink becomes cheaper.</i>	File 9	Vocabulary Banks: Word building
antisocial adj	/ˌæntɪ'səʊʃl/	<i>Vandalism, especially breaking public property, is antisocial behaviour.</i>	File 9	Vocabulary Banks: Word building
autopilot adj	/ˈɔ:təʊ 'paɪlət/	<i>The pilot put the plane on autopilot for most of the flight.</i>	File 9	Vocabulary Banks: Word building
belief n	/bɪ'li:f/	<i>It's my belief that this news story isn't entirely true.</i>	File 9	Vocabulary Banks: Word building
bilingual adj	/ˌbaɪ'lɪŋɡwəl/	<i>Many people in Montreal are bilingual; they speak both French and English.</i>	File 9	Vocabulary Banks: Word building
brotherhood n	/ˈbrʌðəhʊd/	<i>Brotherhood is sometimes used a general term for the friendship between groups of people.</i>	File 9	Vocabulary Banks: Word building
bulletproof adj	/ˈbʊlɪtpru:f/	<i>The windows of the president's car are made of bulletproof glass.</i>	File 9	Vocabulary Banks: Word building
careful adj	/ˈhæʊpləs/	<i>Be careful how you drive!</i>	File 9	Vocabulary Banks: Word building
childhood n	/ˈtʃɪldhʊd/	<i>Childhood was my favourite time in my life.</i>	File 9	Vocabulary Banks: Word building
coldness n	/ˈkəʊldnəs/	<i>The coldness hit me as soon as I walked outside.</i>	File 9	Vocabulary Banks: Word building
connection n	/kə'nekʃn/	<i>The connection between diet and health is well-known.</i>	File 9	Vocabulary Banks: Word building
convenience n	/kən'vi:niəns/	<i>I live here because of the convenience of the buses and trains.</i>	File 9	Vocabulary Banks: Word building
death n	/deθ/	<i>My uncle's death was difficult for me.</i>	File 9	Vocabulary Banks: Word building
development n	/dɪ'veləpmənt/	<i>There are major plans for the development of the town, with 600 new houses.</i>	File 9	Vocabulary Banks: Word building
distance n	/ˈdɪstəns/	<i>The average distance that commuters in the UK travel to work is 8.5 miles.</i>	File 9	Vocabulary Banks: Word building
employment n	/ɪm'plɔɪmənt/	<i>How easy is it to find employment in your city?</i>	File 9	Vocabulary Banks: Word building
entertainment n	/ˌentə'teɪnmənt/	<i>New York has a huge range of entertainment, from Broadway shows to top sporting events.</i>	File 9	Vocabulary Banks: Word building
excitement n	/ɪk'saɪtmənt/	<i>The excitement at the end of the game was amazing.</i>	File 9	Vocabulary Banks: Word building
expectation n	/ˌekspek'teɪʃn/	<i>Do you have any expectations about what you will learn on this course?</i>	File 9	Vocabulary Banks: Word building
friendliness n	/ˈfrendlɪnəs/	<i>The friendliness of the people was wonderful – they were so welcoming.</i>	File 9	Vocabulary Banks: Word building
government n	/ˈgʌvnmənt/	<i>The country has elected a new government.</i>	File 9	Vocabulary Banks: Word building
heat n	/hi:t/	<i>The heat was too much for me. I had to go inside.</i>	File 9	Vocabulary Banks: Word building
height n	/haɪt/	<i>You might have to tell the doctor your height and weight.</i>	File 9	Vocabulary Banks: Word building
homeless adj	/ˈhəʊmləs/	<i>There are a lot of homeless people in this city.</i>	File 9	Vocabulary Banks: Word building
hopeless adj	/ˈhəʊpləs/	<i>The situation is hopeless. There's nothing I can do to help.</i>	File 9	Vocabulary Banks: Word building
hunger n	/ˈhʌŋɡə/	<i>Hunger is a big problem in the country because of the poor harvest.</i>	File 9	Vocabulary Banks: Word building
ignorance n	/ɪ'gnərəns/	<i>I'm surprised by their ignorance about the topic. It's been in the news for weeks.</i>	File 9	Vocabulary Banks: Word building

zoological <i>adj</i>	/ˌzuː.əˈlɒdʒɪkl/	Zoological research has revealed a link between the two species.	File 10	Science; stress in word families
zoologist <i>n</i>	/zuˈɒlədʒɪst/	My friend is a zoologist . He's studying tiger population numbers at the moment.	File 10	Science; stress in word families
zoology <i>n</i>	/zuˈɒlədʒi/	Is that your zoology textbook? ~ Yes, this chapter is about butterfly migration.	File 10	Science; stress in word families
all or nothing	/ɔːl ɔː ˈnʌθɪŋ/	If you don't want all five of us in the band, none of us will sing. It's all or nothing .	File 10	Collocation: word pairs
backwards and forwards	/ˈbækwədz ən ˈfɔːwədz/	She was nervous, so she paced backwards and forwards .	File 10	Collocation: word pairs
bits and pieces	/bɪts ən piːsɪz/	I didn't buy much, just a few bits and pieces .	File 10	Collocation: word pairs
by and large	/baɪ ən lɑːdʒ/	Is that everything? ~ Yes, by and large . We just have a few more bits and pieces left.	File 10	Collocation: word pairs
cause and effect	/kɔːz ən ɪˈfekt/	There's a cause and effect relationship between the traffic and me being late.	File 10	Collocation: word pairs
dead or alive	/ded ɔː əˈlaɪv/	In the film, the bounty hunter is told to bring the people in dead or alive .	File 10	Collocation: word pairs
forgive and forget	/fəˈgɪv ən fəˈget/	I'm sorry! I think we both made mistakes. Let's forgive and forget .	File 10	Collocation: word pairs
health and safety	/helθ ən ˈseɪfti/	Our workplace always meets health and safety standards.	File 10	Collocation: word pairs
law and order	/lɔːr ən ɔːdə/	The army were called in to restore law and order .	File 10	Collocation: word pairs
live and learn	/lɪv ən lɜːn/	I didn't know that! Well, you live and learn , don't you?	File 10	Collocation: word pairs
more or less	/mɔː ɔː les/	Are we finished? ~ More or less . It'll only take ten minutes to finish.	File 10	Collocation: word pairs
now and again	/nəʊ ən əˈgeɪn/	I drink coffee now and again , but not regularly.	File 10	Collocation: word pairs
now or never	/nəʊ ɔː ˈnevə/	I wasn't sure if I could learn to skydive, but I told myself it was now or never !	File 10	Collocation: word pairs
once or twice	/wʌns ɔː twaɪs/	Have you been there? ~ Once or twice – it's a nice city.	File 10	Collocation: word pairs
peace and quiet	/piːs ən ˈkwaɪət/	I'd love a bit of peace and quiet . It's so noisy here.	File 10	Collocation: word pairs
pros and cons	/prəʊz ən kɒnz/	What are the pros and cons of moving to this city?	File 10	Collocation: word pairs
rain or shine	/reɪn ɔː ʃaɪn/	We're going to visit this castle come rain or shine . I've decided.	File 10	Collocation: word pairs
right or wrong	/raɪt ɔː rɒŋ/	Right or wrong , I've made my decision now. It's final.	File 10	Collocation: word pairs
safe and sound	/seɪf ən saʊnd/	Despite flying through a storm we arrived safe and sound .	File 10	Collocation: word pairs
short and sweet	/ʃɔːt ən swiːt/	Well, that report was short and sweet . You summed it up well.	File 10	Collocation: word pairs
sick and tired	/sɪk ən ˈtaɪəd/	I'm sick and tired of hearing you complain.	File 10	Collocation: word pairs
sooner or later	/ˈsuː.nə ɔː ˈleɪtə/	I'll be there sooner or later . I'm not sure exactly when.	File 10	Collocation: word pairs
supply and demand	/səˈplaɪ ən dɪˈmɑːnd/	The shops stock popular items because of supply and demand .	File 10	Collocation: word pairs
thunder and lightning	/ˈθʌndə ən ˈlaɪtnɪŋ/	The thunder and lightning are really dramatic. It's a huge storm!	File 10	Collocation: word pairs
touch and go	/tʌtʃ ən gəʊ/	Will we finish it on time? ~ I don't know...it's touch and go !	File 10	Collocation: word pairs
wait and see	/weɪt ən siː/	You'll have to wait and see what's for lunch.	File 10	Collocation: word pairs

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