

Unit 1

attentive (adj) /ə'tentɪv/ listening or watching carefully and with interest *The hotel staff are friendly and attentive.*

benefit (n) /'benɪfɪt/ an advantage that sth gives you; a helpful and useful effect that sth has *I've had the benefit of a good education.*

blow (n) /bləʊ/ a negative setback *This was his second major blow.*

commitment (n) /kə'mɪtmənt/ a promise to do sth or to behave in a particular way *The company's commitment to providing quality at a reasonable price has been vital to its success.*

compassion (n) /kəm'pæʃn/ a strong feeling of sympathy for people who are suffering and a desire to help them *She was known as a hard woman with no compassion and no emotion.*

compassionate (adj) /kəm'pæʃənət/ feeling or showing sympathy for people who are suffering *Politicians are not usually regarded as warm or compassionate people.*

conquer (v) /kən'kweɪ/ to become very popular or successful in a place *The boy band is now setting out to conquer the world.*

conundrum (n) /kə'nʌndrəm/ a confusing problem or question that is very difficult to solve *It was a conundrum with no solution.*

courage (n) /kʌrɪdʒ/ the ability to do sth dangerous, or to face pain or opposition, without showing fear *He showed great courage and determination.*

courageous (adj) /kə'reɪdʒəs/ showing courage *I hope people will be courageous enough to speak out against this injustice.*

dedicated (adj) /dedɪ'keɪtɪd/ working hard at sth because it is very important to you *She is dedicated to her job.*

dedication (n) /dedɪ'keɪʃn/ the hard work and effort that sb puts into an activity or purpose because they think it is important *Florence showed great dedication to her job by working very long hours.*

determined (adj) /dɪ'tɜ:mɪnd/ making a firm decision to do it and you will not let anyone prevent you *I'm determined to succeed.*

determination (n) /dɪ'tɜ:mɪ'neɪʃn/ the quality that makes you continue trying to do sth even when this is difficult *He fought the illness with courage and determination.*

dignified (adj) /dɪ'gnɪfaɪd/ calm and serious and deserving respect *He maintained a dignified silence during the interview.*

dignity (n) /dɪ'gnəti/ a calm and serious manner that deserves respect *She accepted the criticism with quiet dignity.*

gape (v) /geɪp/ to stare at sb/sth with your mouth open because you are shocked or surprised *I would gape in astonishment if that happened.*

gawp (v) /gɔ:p/ to stare at sb/sth in a rude or stupid way *Don't gawp at me like that!*

gaze (v) /geɪz/ to look steadily at sb/sth for a long time, either because you are very interested or surprised, or because you are thinking of sth else *He gazed longingly at the sweets.*

get over it (phr v) /get 'əʊvə(r) ɪt/ to deal with or gain control of sth *It was his first major setback in life, but he managed to get over it.*

glance (v) /glɑ:ns/ to look quickly at sth/sb *Let me have a quick glance at the report.*

glare (v) /gleə(r)/ to look at sb/sth in an angry way *He glared at me without saying a word.*

glimpse (n) /glɪmps/ a look at sb/sth for a very short time, when you do not see the person or thing completely *He caught a glimpse of her in the crowd.*

gradual (adj) /grædʒuəl/ happening slowly over a long period; not sudden *Recovery from the disease is very gradual.*

(a) great deal (n) /greɪt di:l/ a large quantity *My mother had lost a great deal of weight.*

ground-breaking (adj) /graʊndbreɪkɪŋ/ making new discoveries; using new methods *It was a ground-breaking piece of research.*

haggard (adj) /hægəd/ looking very tired because of illness, worry or lack of sleep *He looked pale and haggard.*

hindrance (n) /hɪndrəns/ a person or thing that makes it more difficult for sb to do sth or for sth to happen *To be honest, she was more of a hindrance than a help.*

humble (adj) /hʌmbəl/ showing you do not think that you are as important as other people *Be humble enough to learn from your mistakes.*

humility (n) /hju:'mɪləti/ the quality of not thinking that you are better than other people *Her first defeat was an early lesson in humility.*

incremental (adj) /ɪŋkrəmənt/ Increase or adding on, especially in a regular series *The government imposed small, incremental tax hikes.*

ingenuity (n) /ɪndʒə'nju:əti/ the ability to invent things or solve problems in clever new ways *He was a designer of great ingenuity.*

innovative (adj) /ɪnə'veɪtɪv/ introducing or using new ideas, ways of doing sth, etc. *There will be a prize for the most innovative design.*

inspiration (n) /ɪnspə'reɪʃn/ the process that takes place when sb sees or hears sth that causes them to have exciting new ideas or makes them want to create sth *Looking for inspiration for a new dessert? Try this recipe.*

inspirational (adj) /ɪnspə'reɪʃənl/ providing inspiration *He was an inspirational leader.*

interim (adj) /ɪntərɪm/ intended to last for only a short time until sb/sth more permanent is found *The vice-president took power in the interim period before the election.*

obstacle (n) /'ɒbstəkl/ a situation, an event, etc. that makes it difficult for you to do or achieve sth *A lack of qualifications can be a major obstacle to finding a job.*

optimism (n) /'ɒptɪmɪzəm/ a feeling that good things will happen and that sth will be successful *We may now look forward with optimism.*

overcome (v) /əʊvə'kʌm/ to succeed in dealing with or controlling a problem that has been preventing you from achieving sth *He finally managed to overcome his fear of flying.*

patience (n) /'peɪjns/ the ability to stay calm and accept a delay or sth annoying without complaining *I have run out of patience with her.*

peek (v) /pi:k/ to look at sth quickly and secretly because you should not be looking at it *Don't peek at your presents before your birthday.*

penalize (v) /'pɪnəlaɪz/ to put sb at a disadvantage by treating them unfairly *He felt penalized because of his age.*

perfectionism (n) /pə'fekʃənɪzəm/ a person who likes to do things perfectly and is not satisfied with anything less *Her perfectionism is evident at work and at home.*

perseverance (n) /pə'seɪvərəns/ the quality of continuing to try to achieve a particular aim despite difficulties *They showed great perseverance in the face of difficulty.*

persistence (n) /pə'sɪstəns/ the fact of continuing to try to do sth despite difficulties, especially when other people are against you and think that you are being annoying or unreasonable *His persistence was finally rewarded when the insurance company agreed to pay for the damage.*

persistent (adj) /pə'sɪstənt/ determined to do sth despite difficulties, especially when other people are against you and think that you are being annoying or unreasonable *How do you deal with persistent salesmen who won't take no for an answer?*

resourceful (adj) /rɪ'sɔ:sfəl/ good at finding ways of doing things and solving problems, etc. *These women were strong, resourceful and courageous.*

resourcefulness (n) /rɪ'zɔ:sfʊlnəs/ the ability to be resourceful *Florence used her resourcefulness to write articles for the newspaper.*

revolutionary (adj) /revə'lju:ʃənəri/ involving a great or complete change *The effects of technological development are revolutionary.*

self-assurance (n) /self ə'sʊərəns/ belief in your own abilities or strengths *He stood out for his intellectual agility and calm self-assurance.*

self-control (n) /self kən'trəʊl/ the ability to remain calm and not show your emotions even though you are feeling angry, excited, etc. *It took all his self-control not to shout at them.*

self-defence (n) /self dɪ'fens/ sth you say or do in order to protect yourself when you are being attacked, criticized, etc. *The man later told police that he was acting in self-defence.*

self-interest (n) /self'ɪntrəst/ one's personal interest or advantage, especially when pursued without regard for others *Not all of them were acting out of self-interest.*

self-obsession (n) /self'ɒb'seʃən/ the state of being interested in yourself, your happiness, motivations and interests to the exclusion of other things *Self-obsession and self-doubt can get in the way of success.*

self-preservation (n) /self prezə'veɪʃn/ the fact of protecting yourself in a dangerous or difficult situation *She was held back by some sense of self-preservation.*

self-sacrifice (n) /self'sækrɪfaɪs/ the act of not allowing yourself to have or do sth in order to help other people *The courage and self-sacrifice of those who fought in the war.*

selflessness (adv) /selfləsnəs/ thinking more about the needs, happiness, etc. of other people than about your own *My motives for keeping the whole truth from you were not completely selfless.*

singlemindedness (n) /sɪŋgəl'mɪn-dəd/ only thinking about one particular aim or goal because you are determined to achieve sth *Single-mindedness and focusing on his passion have helped him conquer adversity.*

squint (v) /skwɪnt/ to look at sth with your eyes partly shut in order to keep out bright light or to see better *The sun is causing everyone to squint.*

striking (adj) /straɪkɪŋ/ interesting and unusual enough to attract attention *Her face was striking.*

tolerance (n) /tələrəns/ the willingness to accept or tolerate sb/sth, especially opinions or behaviour that you may not agree with, or people who are not like you *She had no tolerance for jokes.*

willing (adj) /wɪlɪŋ/ not objecting to doing sth; having no reason for not doing sth *I'm perfectly willing to discuss the problem.*

willingness (n) /wɪlɪŋnəs/ the quality or state of being prepared to do sth; readiness *Sarah always showed a great willingness to learn to skills.*

Unit 2

abandoned (adj) /ə'bændənd/ left and no longer wanted, used or needed *The child was found abandoned but unharmed.*

absolutely (adv) /æbsəlu:tli/ used to emphasize that sth is completely true *He made it absolutely clear.*

accessible (adj) /ək'sesəbl/ that can be reached, entered, used, seen, etc. *The remote area is accessible only by helicopter.*

advisable (adj) /əd'vaɪzəbl/ sensible and a good idea in order to achieve sth *Early booking is advisable.*

amicable (adj) /æmɪkəbl/ done or achieved in a polite or friendly way and without arguing *In spite of their disagreement they parted on amicable terms.*

asteroid (n) /æstə'ɔɪd/ any one of the many small planets that go around the sun *You might find an asteroid between Mars and Jupiter.*

attractive (adj) /ə'træktɪv/ pleasant to look at *I like John but I don't find him attractive.*

audible (adj) /ɔ:dəbl/ that can be heard clearly *Her voice was barely audible above the noise.*

awesome (adj) /ɔ:səm/ very impressive or very difficult and perhaps rather frightening *I just bought this awesome new CD!*

bay (n) /beɪ/ a part of the sea, or of a large lake, partly surrounded by a wide curve of the land *The hotel has a magnificent view across the bay.*

benefit (of) (n) /benɪfɪt/ an advantage that sth gives you; a helpful and useful effect that sth has *A large number of people believe in the benefits of education.*

boarded-up (adj) /bɔ:dɪd ʌp/ when a window, door, etc. is covered with wooden boards *Most buildings along the street had been boarded-up.*

bus shelter (n) /'bʌs feltə(r)/ a structure with a roof where people can stand while they are waiting for a bus *We stood under the bus shelter to get out of the rain.*

Wordlist

care (for) (n) /kəə(r)/ the process of caring for sb/sth and providing what they need for their health or protection *She cared for him everyday.*

collectible (adj) /kə'lektəbl/ worth collecting because it is beautiful or may become valuable *These dolls are very collectible.*

considerable (adj) /kən'sɪdərəbl/ great in amount, size, importance, etc. *The project wasted a considerable amount of time and money.*

constellation (n) /kɒnstə'leɪʃn/ a group of stars that forms a shape in the sky and has a name *The Little Bear constellation is still used by navigators at sea.*

crumbling (adj) /'krʌmblɪŋ/ break or fall apart into small fragments, especially as part of a process of deterioration *The cliff is gradually crumbling away.*

cycle path (n) /'saɪkl pə:θ/ a part of a road that only bicycles are allowed to use *I use the cycle path whenever possible.*

decline (v) /dɪ'klaɪn/ a continuous decrease in the number, value, quality, etc. of sth *The companies' profits were declining every year.*

demand (for) (n) /dɪ'mɑ:nd/ a very firm request for sth *There has been a huge demand for higher pay.*

derelect (adj) /derə'lekt/ not used or cared for and in bad condition *The canal has been derelect for many years.*

destroy (v) /dɪ'strɔɪ/ to damage sth so badly that it no longer exists, works, etc. *They've destroyed all the evidence.*

disappointing (adj) /dɪsə'pɔɪntɪŋ/ not as good, successful, etc. as you had hoped *The outcome of the court case was disappointing for the family involved.*

diverse (adj) /daɪ'vɜ:s/ very different from each other and of various kinds *My interests are very diverse.*

edible (adj) /edəbl/ fit or suitable to be eaten *The food at the hotel was barely edible.*

efficient (adj) /ɪ'fɪʃnt/ doing sth well and thoroughly with no waste of time, money, or energy *We offer a fast, friendly and efficient service.*

eligible (adj) /elɪdʒəbl/ a person who is eligible for sth or to do sth, is able to have or do it because they have the right qualifications, are the right age, etc. *Only those over 70 are eligible for the special payment.*

endanger (v) /ɪn'deɪndʒə(r)/ to put sb/sth in a situation in which they could be harmed or damaged *Increased use of plastics could endanger sea life.*

enormous (adj) /ɪ'nɔ:məs/ extremely large *The problems facing the President are enormous.*

estuary (n) /estʃuəri/ the wide part of a river where it flows into the sea *The city sits on the shores of a deep estuary.*

extraordinary (adj) /ɪk'strɔ:dnri/ unexpected, surprising or strange *It's extraordinary that he managed to sleep through the party.*

extremely (adv) /ɪk'stri:mli/ to a very high degree *She found it extremely difficult to get a job.*

fairly (adv) /feəli/ to some extent but not very *I know him fairly well, but I wouldn't say we were really close friends.*

fashionable (adj) /fæʃnəbl/ following a style that is popular at a particular time *It's becoming fashionable to have long hair again.*

flexible (adj) /fleksəbl/ able to change to suit new conditions or situations *Our plans need to be flexible enough to cater for the needs of everyone.*

flourishing (adj) /'flaʊrɪʃɪŋ/ developing rapidly and successfully *He enjoyed a flourishing career.*

galaxy (n) /gæləksi/ any of the large systems of stars, etc. in outer space *The stars make up part of our galaxy.*

glacier (n) /'glæsiə(r)/ a large mass of ice, formed by snow on mountains, that moves very slowly down a valley *We are going to fly over the glacier in a helicopter this afternoon.*

grasp (of) (n) /grɑ:sp/ an understanding of sth *The author shows a weak grasp of military strategy.*

grassland (n) /grɑ:slænd/ a large area of open land covered with wild grass *The grassland is currently at risk.*

handful (of) (n) /hændfʊl/ the amount of sth that can be held in one hand *I took a handful of rice.*

harsh (adj) /hɑ:ʃ/ cruel, severe and unkind *The punishment was harsh and unfair.*

high-rise building (n) /haɪ raɪz 'bɪldɪŋ/ very tall and having a lot of floors *I live on the top floor of a high-rise building.*

horrible (adj) /hɒrəbl/ very bad or unpleasant; used to describe sth that you do not like *The coffee tasted horrible.*

ice floe (n) /'aɪs fləʊ/ a large area of ice, floating in the sea *In spring, the ice floes break up.*

ideal (adj) /aɪ'di:əl/ perfect; most suitable *The trip to Paris will be an ideal opportunity to practise my French.*

inaccessible (adj) /ɪnæk'sesəbl/ difficult or impossible to reach or to get *They live in a remote area, inaccessible except by car.*

incomprehensible (adj) /ɪn,kɒmpri'hensəbl/ impossible to understand *Some application forms can be incomprehensible.*

incredible (adj) /ɪn'kredəbl/ impossible or very difficult to believe *It seemed incredible that she had been there a week already.*

industrial estate (n) /ɪn,dʌstriəl 'ɪsteɪt/ an area especially for factories, on the edge of a town *The office is based on an industrial estate.*

inevitably (adv) /ɪn'eɪvɪəbli/ as is certain to happen *Inevitably, the press exaggerated the story.*

inhabited (adj) /ɪn'hæbɪtɪd/ with people or animals living there *The island is no longer inhabited.*

irresistible (adj) /ɪrɪ'zɪstəbl/ so strong that it cannot be stopped or resisted *I felt an irresistible urge to laugh.*

kid-friendly (adj) /kɪd 'frendli/ suitable for children *That film was not particularly kid-friendly!*

knowledge (of) (n) /nɒlɪdʒ/ the information, understanding and skills that you gain through education or experience *He has a wide knowledge of painting and music.*

knowledgeable (adj) /nɒlɪdʒəbl/ knowing a lot *She is very knowledgeable about plants.*

last-minute (adj) /lɑ:st 'mɪnɪt/ done, decided or organized just before sth happens or before it is too late *We booked a last-minute holiday.*

legible (adj) /ledʒəbl/ clear enough to read *The signature was still legible.*

(a) little bit (adv) /lɪtl bɪt/ somewhat *It was a little bit tedious.*

magnificent (adj) /mæɡ'nɪfɪsnt/ extremely attractive and impressive; deserving praise *She looked magnificent in her wedding dress.*

meteorite (n) /mi:tɪəraɪt/ a piece of rock from outer space that hits the Earth's surface *Originally, scientists thought that the impression was a crater caused by a meteorite hitting the Earth.*

moon (n) /mu:n/ the round object that moves around the earth once every 27½ days and shines at night by light reflected from the sun *There's no moon tonight.*

mountain range (n) /'maʊntən reɪndʒ/ a series of mountain ridges alike in form, direction, and origin *The mountain range forms a natural border between the two countries.*

navigable (adj) /nævɪɡəbl/ wide and deep enough for ships and boats to sail on *Many of the rivers cease to be navigable.*

neglected (adj) /nɪ'glektɪd/ not receiving enough care or attention *The child has been neglected for weeks.*

not particularly (adv) /nɒt pə'tɪkʃəlɪ/ not very *I'm not particularly impressed with their performance.*

overwhelming (adj) /əʊvə'welmlɪŋ/ very great or very strong *The evidence against him was overwhelming.*

parking meter (n) /'pɑ:kɪŋ mɪtə(r)/ a machine beside the road that you put money into when you park your car next to it *To get a ticket you must use the parking meter.*

pedestrian crossing (n) /pə,destriən 'krɒsɪŋ/ a part of a road where vehicles must stop to allow people to cross *To cross the road safely please use the pedestrian crossing.*

peninsula (n) /pə'nɪnsjələ/ an area of land that is almost surrounded by water but is joined to a larger piece of land *The entire Balkan peninsula is very popular in summer.*

plain (adj) /pleɪn/ easy to see or understand *The facts were plain to see.*

planet (n) /plænɪt/ a large round object in space that moves around a star (such as the Sun) and receives light from it *The Earth is an example of a planet.*

pointless (adj) /pɔɪntləs/ having no purpose *We searched until we knew it would be pointless to continue.*

pond (n) /pɒnd/ a small area of still water, especially one that is artificial *We have a pond in our garden.*

pretty (adv) /prɪti/ to some extent *I'm pretty sure I'll be going.*

profound (adj) /prə'faʊnd/ felt or experienced very strongly *The news came as a profound shock.*

prosperous (adj) /'prɒspərəs/ rich and successful *Farmers are more prosperous in the south of the country.*

quite (adv) /kwaɪt/ to some degree *He plays quite well.*

recognizable (adj) /rekəɡnaɪzəbl/ easy to know or identify *The building was easily recognizable as a prison.*

refurbished (adj) /rɪ'fɜ:bɪʃd/ a room, building, etc. that has been decorated in order to make it more attractive, more useful, etc. *The theatre has been extensively refurbished.*

relevance (of) (n) /reləvəns/ closely connected with the subject you are discussing or the situation you are thinking about *I don't see the relevance of your question.*

remote (adj) /rɪ'məʊt/ far away from places where other people live *The farmhouse is remote.*

renovate (v) /renəveɪt/ to repair and paint an old building, a piece of furniture, etc. so that it is in good condition again *The buildings have all been renovated.*

respect (for) (n) /rɪ'spekt/ a feeling of admiration for sb/sth because of their good qualities or achievements *I have the greatest respect for your brother.*

responsibility (for) (n) /rɪ'spɒnsə'bɪləti/ a duty to deal with or take care of sb/sth *The sales manager was given responsibility for the European market.*

road sign (n) /rəʊd saɪn/ a sign near a road giving information or instructions to drivers *The road sign was not very easy to read at night.*

robust (adj) /rəʊ'bʌst/ strong and healthy *She was almost ninety, but still very robust.*

sense (of) (n) /sens/ a feeling about sth important *He felt an overwhelming sense of loss.*

sensible (adj) /sensəbl/ able to make good judgements based on reason and experience rather than emotion *She's a sensible sort of person.*

shabby (adj) /'ʃæbi/ in poor condition because of long use or lack of care *The outside of the house was beginning to look shabby.*

solar system (n) /'səʊlə sɪstəm/ the sun and all the planets that move around it *We don't know how many solar systems there are in each galaxy.*

speed bump (n) /spi:t bʌmp/ a raised area across a road that is put there to make traffic go slower *You must slow down when driving over a speed bump.*

spellbinding (adj) /spelbaɪndɪŋ/ holding your attention completely *It was a spellbinding performance.*

star (n) /stɑ:(r)/ a large ball of burning gas in space that we see as a point of light in the sky at night *That star is part of a constellation.*

stifling (adj) /staɪflɪŋ/ to feel unable to breathe, or to make sb unable to breathe, because it is too hot and/or there is no fresh air *It's stifling in here – can we open a window?*

stream (n) /stri:m/ a small, narrow river *We waded across a shallow stream.*

subsistence (lifestyle) (n) /səb'sɪstəns/ the state of having just enough money or food to stay alive *Families have a subsistence lifestyle, hunting walrus, seals and whales in the spring.*

sun (n) /sʌn/ the star that shines in the sky during the day and gives the earth heat and light *The sun usually sets earlier in winter.*

swamp (n) /swɒmp/ an area of ground that is very wet or covered with water and in which plants, trees, etc. are growing *There are alligators in the swamp.*

tedious (adj) /tiːdiəs/ lasting or taking too long and not interesting *The journey soon became tedious.*

thriving (adj) /θraɪvɪŋ/ to become, and continue to be, successful, strong, healthy, etc. *The music industry is thriving.*

totally (adv) /təʊtəli/ wholly and completely *They come from totally different cultures.*

tundra (n) /ˈtʌndrə/ the large flat Arctic regions of northern Europe, Asia and N America where no trees grow and where the soil below the surface of the ground is always frozen *Life in the tundra is isolated and cold.*

unacceptable (adj) /ʌnək'septəbl/ that you cannot accept, allow or approve of *Such behaviour is totally unacceptable in a civilized society.*

unappealing (adj) /ʌnə'piːlɪŋ/ not attractive or pleasant *The room was painted in an unappealing shade of brown.*

universe (n) /juːnɪvɜːs/ the whole of space and everything in it, including the earth, the planets and the stars *The idea of a parallel universe is hard to grasp.*

utterly (adv) /ʌ'terli/ used to emphasize how complete sth is *We're so utterly different from each other.*

valuable (adj) /væljuəbəl/ very useful or important *The book provides valuable information on recent trends.*

very (adv) /veri/ used before adjectives, adverbs and determiners to mean 'in a high degree' or 'extremely' *I'm not very impressed.*

vibrant (adj) /vaɪbrənt/ full of life and energy *Thailand is at its most vibrant during the New Year celebrations.*

visible (adj) /vɪzəbl/ that can be seen *The house is clearly visible from the beach.*

wasteful (adj) /weɪstfl/ using more of sth than is necessary; not saving or keeping sth that could be used *The whole process is wasteful and inefficient.*

well-known (adj) /'wel'nəʊn/ known about by a lot of people *He is a well-known actor.*

worthwhile (adj) /wɜːθ'waɪl/ worth spending time, money or effort on *The smile on her face made it all worthwhile.*

Unit 3

abstract (adj) /æbstrækt/ based on general ideas and not on any particular real person, thing or situation *The research shows that young children are capable of thinking in abstract terms.*

accumulate (v) /ə'kjʊːmjəleɪt/ to gradually get more and more of sth over a period of time *Dust and dirt soon accumulate if a house is not cleaned regularly.*

aluminium (adj) /æljʊ'mɪniəm/ of, pertaining to, or containing aluminium *The window frames are made from aluminium.*

amass (v) /ə'mæs/ to collect sth, especially in large quantities *They are going to amass a wealth of information together.*

antique (adj) /æn'tiːk/ old and often valuable *That desk is an antique.*

beaten (adj) /biːtn/ defeated *They expect to be beaten at the next election.*

belongings (n) /bɪ'lɒŋɪŋz/ the things that you own which can be moved, for example not land or buildings *She packed her few belongings in a bag and left.*

bin (v) /bɪn/ to throw away *Please bin your old socks!*

breathtaking (adj) /'breθteɪkɪŋ/ very exciting or impressive (usually in a pleasant way) *The scene was one of breathtaking beauty.*

broad (adj) /brɔːd/ wide *They boy had broad shoulders.*

broad-minded (adj) /brɔːd'maɪndɪd/ willing to listen to other people's opinions and accept behaviour that is different from your own *She was very broad-minded!*

bronze (adj) /brɒnz/ to be a gold brown colour *There's a bronze statue outside the museum.*

chest of drawers (BrE) **dresser** (NAme) (n) /tʃest əv 'drɔːz/ /'dresə/ a piece of furniture with drawers for keeping clothes in *Can you put your clothes away in the chest of drawers please?*

clear out (n) /klaɪə(r) aʊt/ a process of getting rid of things that you no longer want *I'm going to have a clear out at the weekend.*

clutter (n) /klʌtə(r)/ having too many things, so that it is untidy *The room seems to be full of clutter.*

coins (n) /kɔɪn/ a small flat piece of metal used as money *I have lots of coins in my purse.*

colourful (adj) /kʌləfl/ full of bright colours or having a lot of different colours *The male birds are more colourful than the female birds.*

contemporary (adj) /kən'tempəri/ belonging to the same time *I'm not a fan of contemporary art.*

controversial (adj) /kɒntrə'vɜːʃl/ causing a lot of angry public discussion and disagreement *Winston Churchill and Richard Nixon were both controversial figures.*

cooker (BrE) **stove** (NAme) (n) /'kʊkə(r)/ /stəʊv/ a large piece of equipment for cooking food, containing an oven and gas or electric rings on top *Don't forget to turn off the cooker after using it.*

copper (adj) /kɒpə(r)/ reddish-brown in colour *The copper sun sank into the sea.*

crushed (adj) /krʌʃt/ pulverized, rendered into small, disconnected fragments *I'm looking for crushed aluminium cans.*

curtains (BrE) **drapes** (NAme) (n) /'kɜːtn/ /dreɪp/ a piece of cloth that is hung to cover a window *It was ten in the morning but the curtains were still drawn.*

dated (adj) /deɪtɪd/ old-fashioned; belonging to a time in the past *The furniture is very dated.*

decaying (adj) /di'keɪɪŋ/ implies the deterioration from sound condition *Go behind those decaying wooden buildings.*

delicate (adj) /dɪlɪkət/ easily damaged or broken *The eye is one of the most delicate organs of the body.*

drop out of (phr v) /drɒp aʊt əv/ to no longer take part in or be part of sth *I am going to drop out of science as it is too hard.*

dustbin (BrE) **trash can** (NAme) (n) /'dʌstbɪn/ a large container with a lid, used for putting rubbish/garbage in, usually kept outside the house *A dustbin is a large container outside your house where you throw things away.*

experimental (adj) /ɪk'sperɪ'mentl/ based on new ideas, forms or methods that are used to find out what effect they have *The equipment is still at the experimental stage.*

fast-paced (adj) /fɑːst peɪst/ including a lot of things happening quickly *The science fair was fast-paced and impressive.*

flat (BrE) **apartment** (NAme) (n) /flæt/ /ə'pɑːtmənt/ a set of rooms for living in, usually on one floor of a building *Our flat is on the top floor.*

garden (BrE) **yard** (NAme) (n) /'gɑːdn/ /jɑːd/ a piece of land next to or around your house where you can grow flowers, fruit, vegetables, etc. *The children enjoy playing in the garden.*

German (adj) /dʒɜːmən/ of or pertaining to Germany, its inhabitants, or their language *My friend is a German artist.*

get rid of (v) /get rɪd əv/ to make yourself free of sb/sth that is annoying you or that you do not want; to throw sth away *I can't get rid of this headache.*

handmade (adj) /han(d)'meɪd/ made by hand, not by machine, and typically therefore of superior quality *He has expensive handmade leather shoes.*

heap of (n) /hiːp əv/ a lot of sth *I've got a heap of things to do.*

heart-breaking (adj) /'hɑːtbreɪkɪŋ/ a strong feeling of sadness *It's heart-breaking to see him wasting his life like this.*

helmet (n) /'helmt/ a type of hard hat that protects the head, worn, for example, by a police officer, a soldier or a person playing some sports *Always wear a helmet when cycling on the road.*

help out (phr v) /help aʊt/ to help sb, especially in a difficult situation *He's always willing to help out.*

highly respected (adj) /'haɪli rɪ'spektɪd/ admired by many people for their achievements or good qualities *He is highly respected in the business world.*

hoard (v) /hɔːd/ to accumulate for preservation, future use, etc., in a hidden or carefully guarded place *Don't hoard all your favourite sweets.*

huge (adj) /hjuːdʒ/ extremely large in size or amount *He gazed up at her with huge brown eyes.*

Indian (adj) /'ɪndiən/ a type of cuisine, often eaten as a take away *The first Indian curry appeared in a British cookbook in the eighteenth century.*

jewels (n) /dʒuːəl/ pieces of jewellery or decorative objects that contain precious stones *The family jewels are locked away in a safe.*

junk (n) /dʒʌŋk/ things that are considered useless or of little value *I've cleared out all that old junk that was in the attic.*

lift (BrE) **elevator** (NAme) (n) /lɪft/ /'elɪveɪtə/ a moving platform or cage for carrying passengers or freight from one level to another, as in a building *The lift took us to the top floor.*

loads of (n) /ləʊdz əv/ a large number or amount of sb/sth; plenty *I have loads of work to do after school.*

mask (n) /mɑːsk/ a covering for part or all of the face, worn to hide or protect it *The robbers wore a mask to disguise their faces.*

mind-blowing (adj) /'maɪnd bləʊɪŋ/ very exciting, impressive or surprising *Watching your baby being born is a mind-blowing experience.*

mountains of (n) /'maʊntənz əv/ a very large amount or number of sth *We made mountains of sandwiches.*

much-anticipated (adj) /mʌtʃ ən'tɪsɪpeɪtɪd/ to feel or realise beforehand *The business deal was much-anticipated.*

mummy (n) /'mʌmi/ a body of a human or an animal that has been mummified *The museum has an Egyptian mummy.*

never-ending (adj) /,nevər 'endɪŋ/ seeming to last for ever *Housework is a never-ending task.*

object (n) /ɒbʒɪkt/ a thing that can be seen and touched, but is not alive *Glass and plastic objects lined the shelves.*

opt out (phr v) /'ɒpt aʊt/ the act of choosing not to be involved in an agreement *Everyone else went on the school trip but I opted out.*

paper (adj) /'peɪpə(r)/ made of paper or paperlike material *She made a paper aeroplane.*

pick out (phr v) /pɪk aʊt/ to choose sb/sth carefully from a group of people or things *I need to pick out some clothes for my interview tomorrow.*

piles of (n) /paɪlz əv/ a quantity of things heaped together *There were piles of clothes everywhere.*

plastic (adj) /plæstɪk/ made of plastic *Can you pass me those plastic cups?*

possession (n) /pə'zeʃn/ sth that you have or own *The ring is one of her most treasured possessions.*

pottery (n) /'pɒtəri/ pots, dishes, etc. made with clay that is baked in an oven *He has an extensive collection of nineteenth-century pottery.*

products (n) /prɒdʌkt/ a thing that is grown or produced, usually for sale *We are selling more products online than ever before.*

reach out (to) (phr v) /riːtʃ aʊt/ to be seen or heard by sb *She uses her blog to reach out to teens.*

rectangular (adj) /rek'tæŋgʃələ(r)/ a flat shape with four straight sides, two of which are longer than the other two, and four angles of 90° *There is a large rectangular table in the room.*

ripped (adj) /rɪpt/ torn, either partly or into separate pieces *Oh no! My dress is ripped.*

rubbish (n) /'rʌbɪʃ/ things that you throw away because you no longer want or need them *The streets were littered with rubbish.*

run out (of) (phr v) /rʌn aʊt/ to use up or finish a supply of sth *We've run out of milk!*

rusty (adj) /rʌstɪ/ covered with rust *The car is very rusty.*

sculpture (n) /'skʌlptʃə(r)/ a work of art that is a solid figure or object made by carving or shaping wood, stone, clay, metal, etc. *There is a sculpture at the entrance of the building.*

self-defeating (adj) /ˌself dɪ'fi:tɪŋ/ causing more problems and difficulties instead of solving them; not achieving what you wanted to achieve but having an opposite effect *Paying children too much attention when they misbehave can be self-defeating.*

silk (adj) /sɪlk/ to be made from a type of fine smooth cloth made from silk thread *Her skin was as smooth as silk.*

smooth (adj) /smu:ð/ completely flat and even, without any lumps, holes or rough areas *The painting had a smooth surface.*

sort out (phr v) /sɔ:t aʊt/ an act of arranging or organizing the contents of sth in a tidy or neat way and removing things you do not want *I haven't got time to sort out that stuff.*

spill out (phr v) /spɪl aʊt/ to fill a container and go over the edge *My tea spilled out onto the floor.*

spread out (phr v) /sprɛd aʊt/ to stretch your body or arrange your things over a large area *There's more room to spread out in first class.*

stacks of (n) /stæks ɒv/ a large number or amount of sth; a lot of sth *I've got stacks of work to do.*

statue (n) /'stætʃu:/ a figure of a person or an animal in stone, metal, etc, usually the same size as in real life or larger *The statue of Queen Victoria was made of bronze.*

striking (adj) /straɪkɪŋ/ interesting and unusual enough to attract attention *She bears a striking resemblance to her older sister.*

stuff (n) /stʌf/ used to refer to a substance, material, group of objects, etc. when you do not know the name *What's all this stuff on my desk?*

stunning (adj) /stʌnɪŋ/ extremely attractive or impressive *You look absolutely stunning!*

tablet (n) /'tæblət/ a flat piece of stone that has writing on it *This tablet is from Ancient Egypt.*

take out (phr v) /teɪk aʊt/ to move sth from one place to another *I am going to take all of these clothes out of my wardrobe.*

tangled (adj) /tæŋɡld/ twisted together in an untidy way *You need to brush your hair, it's all tangled in knots!*

tap (BrE) faucet (NAme) (n) /tʌp/'fəʊsɪt/ a device that controls the flow of water from a pipe *Turn the tap on/off to control the water flow.*

thing (n) /θɪŋ/ an object whose name you do not use because you do not need to or want to, or because you do not know it *She's very fond of sweet things.*

thought provoking (adj) /'θɔ:t prəvəʊkɪŋ/ making people think seriously about a particular subject or issue *A brilliant and thought-provoking play.*

throw out (phr v) /θrəʊ aʊt/ to get rid of sth that you no longer want *I am going to throw out all my old clothes!*

tiny (adj) /taɪni/ very small in size or amount *Only a tiny minority hold such extreme views.*

tool (n) /tu:l/ an instrument such as a hammer, screwdriver, saw, etc. that you hold in your hand and use for making things, repairing things, etc. *Always select the right tools for the job.*

torch (BrE) flashlight (NAme) (n) /tɔ:tʃ/'flaʃlaɪt/ a small electric lamp that uses batteries and that you can hold in your hand *She used a torch to find her way in the dark.*

transparent (adj) /trænz'pærənt/ allowing you to see through it *The insect's wings are almost transparent.*

triangular (adj) /traɪ'æŋɡjələ(r)/ shaped like a triangle *She has very broad triangular shoulders.*

troubling (adj) /'trʌblɪŋ/ causing stress or anxiety *This is a troubling development for the prime minister.*

vase (n) /va:z/ a container made of glass, etc, used for holding cut flowers or as a decorative object *Can you put the flowers in the vase?*

wardrobe (BrE) closet (NAme) (n) /'wɔ:draʊb/'kloʊzɪt/ a large cupboard for hanging clothes in which is either a piece of furniture or built into the wall *The house has a fitted wardrobe in every bedroom.*

weapons (n) /'wepən/ an object such as a knife, gun, bomb, etc. that is used for fighting or attacking sb *The police still haven't found the murder weapons.*

wear out (phr v) /weə(r) aʊt/ to become, or make sth become, thin or unusable, usually because it has been used too much *I wore out my shoes trekking in the Alps.*

well documented (adj) /wɛl'dɒkjʊməntɪd/ having a lot of written evidence to prove, support or explain it *The problem is well documented.*

well earned (adj) /wɛl'ɜ:nd/ much deserved *Her break was well earned!*

well known (adj) /wɛl'nəʊn/ known about by a lot of people *His books are not well known.*

wide ranging (adj) /waɪd'reɪndʒɪŋ/ including or dealing with a large number of different subjects or areas *The commission has been given wide ranging powers.*

winding (adj) /'waɪndɪŋ/ having a curving and twisting shape *It is a long and winding road.*

witty (adj) /'wɪti/ able to say or write clever, amusing things *She often used witty remarks.*

wooden (adj) /'wʊdn/ made of wood *Our dining table is wooden.*

Unit 4

addiction (n) /ə'dɪkʃn/ the condition of being addicted to sth *He is now fighting his addiction to alcohol.*

aggression (n) /ə'ɡreɪʃn/ feelings of anger and hatred that may result in threatening or violent behaviour *The research shows that computer games may cause aggression.*

artery (n) /'ɑ:təri/ any of the tubes that carry blood from the heart to other parts of the body *There is a severed artery in his wrist.*

baldness (n) /'bɔ:ldnəs/ having little or no hair on the head *He wore a hat to hide his baldness.*

be in two minds (idiom) /bi in tu: maɪndz/ to be unable to decide what you think about sb/sth, or whether to do sth or not *She's in two minds about accepting his invitation.*

bone (n) /bəʊn/ any of the hard parts that form the skeleton of the body of a human or an animal *He survived the accident and didn't even break a bone.*

brain (n) /breɪn/ the organ inside the head that controls movement, thought, memory and feeling *There is a lot of damage to the brain.*

break sb's heart (idiom) to make sb feel very unhappy *It breaks my heart to see you like this.*

burden (n) /'bɜ:dn/ a duty, responsibility, etc. that causes worry, difficulty or hard work *The main burden of caring for old people falls on the state.*

cause (n) /kɔ:z/ the person or thing that makes sth happen *Unemployment is a major cause of poverty.*

change your mind (idiom) /tʃeɪndʒ jɔ:(r) maɪnd/ to change a decision or an opinion *Nothing will make me change my mind.*

come to your senses (idiom) /kʌm tə jɔ:(r) sensɪz/ cause someone to (or start to) think and behave reasonably after a period of folly or irrationality *I wish you should come to your senses and look for a better job.*

cross your mind (idiom) /krɒs jɔ:(r) maɪnd/ to come into your mind *It never crossed my mind that she might lose.*

deafness (n) /defnəs/ unable to hear anything or unable to hear very well *His deafness has never affected him in life.*

depression (n) /dɪ'preʃn/ a medical condition in which a person feels very sad and anxious and often has physical symptoms such as being unable to sleep, etc. *She suffered from severe depression after losing her job.*

dig your heels in (idiom) /dɪg jɔ:(r) hi:lz ɪn/ to refuse to do sth or to change your mind about sth *They dug in their heels and would not lower the price.*

disability (n) /dɪsə'bɪləti/ a physical or mental condition that means you cannot use a part of your body completely or easily, or that you cannot learn easily *His disability means he is entitled to extra support.*

dismally (adv) /'dɪzməli/ causing or showing sadness *The completion rates this year are dismally low.*

engineer (n) /ˌendʒɪ'nɪə(r)/ a person whose job involves designing and building engines, machines, roads, bridges, etc. *They're sending an engineer to fix the phone.*

flowing (adj) /'fləʊɪŋ/ (especially of long hair or clothing) hanging or draping loosely and gracefully *Her flowing black hair framed her pretty face.*

give sb a piece of your mind (idiom) /gɪv 'sʌmbədi ə pi:s ɒv jɔ:(r) maɪnd/ to tell sb that you disapprove of their behaviour or are angry with them *I'd like to give her a piece of my mind!*

go out of your mind (idiom) /gəʊ aʊt ɒv jɔ:(r) maɪnd/ to be unable to think or behave in a normal way *You're lending them money? You must be out of your mind!*

hard to swallow (idiom) /hɑ:d tə 'swɒləʊ/ difficult to accept or not easy to believe *The terms of the agreement were hard to swallow.*

heart (n) /hɑ:t/ the organ in the chest that sends blood around the body, usually on the left in humans *The patient's heart stopped beating for a few seconds.*

imperfection (n) /ɪmpə'fekʃn/ a fault or weakness in sb/sth *The only slight imperfection in the painting is a scratch in the corner.*

keep in mind (idiom) /ki:p ɪn maɪnd/ to remember sb/sth *I'll keep that in mind for future reference.*

lifeless (adj) /'laɪfləs/ dead or appearing to be dead *He knelt beside her lifeless body.*

liver (n) /'lɪvə(r)/ a large organ in the body that cleans the blood and produces bile *His liver was very healthy.*

lungs (n) /lʌŋ/ either of the two organs in the chest that you use for breathing *Smoking can damage your lungs.*

make up your mind (idiom) /meɪk ʌp jɔ:(r) maɪnd/ to decide sth *They're both beautiful – I can't make up my mind.*

mind (n) /maɪnd/ the part of a person that makes them able to be aware of things, to think and to feel *There were all kinds of thoughts running through my mind.*

(there is) more to sb than meets the eye (idiom) /ðeə(r) aɪz mɔ:(r) tə 'sʌmbədi ðæn mi:tɪz ðə aɪ/ a person or thing is more complicated or interesting than you might think at first *I don't know, there is more to her than meets the eye.*

obesity (n) /əʊ'bɪ:əsəti/ very fat, in a way that is not healthy *Obesity can increase the risk of heart disease.*

pearly (adj) /'pɜ:li/ of or like a pearl *She had pearly white teeth.*

ribs (n) /rɪb/ any of the curved bones that are connected to the spine and surround the chest *He broke his ribs playing football.*

screen (n) /skri:n/ the flat surface at the front of a television, computer, or other electronic device, on which you see pictures or information *They were staring at the television screen.*

shift (v) /ʃɪft/ to move, or move sth, from one position or place to another *Could you help me shift some furniture?*

short-sightedness (adj) /ʃɔ:t'saɪtɪdnəs/ able to see things clearly only if they are very close to you *Her short-sightedness meant she missed most of the play.*

shrivelled (adj) /'ʃrɪvlɪd/ to become or make sth dry and wrinkled as a result of heat, cold or being old *He was a shrivelled old man.*

skin (n) /skɪn/ the layer of tissue that covers the body *The snake sheds its skin once a year.*

skull (n) /skʌl/ the bone structure that forms the head and surrounds and protects the brain *Her skull was damaged in the accident.*

slip your mind (idiom) /slɪp jɔ:(r) maɪnd/ to forget sth or forget to sth *I'm sorry I didn't tell you. It completely slipped my mind.*

(have) sth on your mind (idiom) /əv 'sʌmθɪŋ ɒn jɔ:(r) maɪnd/ if sb/sth is on your mind, you are thinking and worrying about them/ it a lot *Don't bother your father tonight – he's got a lot on his mind.*

spine (n) /spaɪn/ the row of small bones that are connected together down the middle of the back *I hurt my spine when I fell over during football.*

stomach (n) /'stʌmək/ the organ inside the body where food goes when you swallow it *It's not a good idea to swim on an empty stomach.*

take your mind off sth (idiom) /teɪk dʒə:(r) maɪnd ɒf 'sʌmθɪŋ/ to make you forget about sth unpleasant for a short time *Painting helped take her mind off her troubles.*

vein (n) /veɪn/ any of the tubes that carry blood from all parts of the body towards the heart *The nurse was having trouble finding a vein in his arm.*

warts and all (idiom) /wɔ:ts ænd ɔ:l/ including all the bad or unpleasant features of sb/sth *The documentary shows the life of a fashion model, warts and all.*

watery (adj) /'wɔ:təri/ of or like water *Her eyes were red and watery.*

(a) weight off your shoulders (idiom) /weɪt ɒf dʒə:(r) 'ʃəʊldəz/ to relieve yourself of a burden, normally sth that has been troubling/worrying you *It will be a weight off your shoulders when you finish your dissertation.*

Unit 5

abuse (n) /ə'bjʊ:s/ rude and offensive remarks *I couldn't stand the abuse, so I left.*

add on (phr v) /'æd ɒn/ make an addition to *She added an extra week on to her holiday.*

as far as I know (idiom) /eɪz fɑ:(r) eɪz aɪ nəʊ/ used to say that you think you know, remember, understand, etc. sth but you cannot be completely sure, especially because you do not know all the facts *As far as I know, there is no cause for concern.*

as soon as possible (idiom) /eɪz sʊ:n eɪz 'pɒsəbl/ as quickly, much, soon, etc. as you can *We will get your order to you as soon as possible.*

at some point (idiom) /æt səm pɔɪnt/ a non-specific time in the future *At some point, I will become a teacher.*

back cover (n) /bæk 'kʌvə/ the back part of the cover of a book or magazine *I only read the back cover.*

bibliography (n) /'bɪblɪ'ɒgrəfi/ a list of books, etc. that have been used by sb writing an article, etc. *There is a useful bibliography at the end of each chapter.*

by the way (idiom) /baɪ ðə weɪ/ used to introduce a comment or question that is not directly related to what you have been talking about *By the way, I found that book you were looking for.*

bye for now (idiom) /baɪ fɔ:(r) nəʊ/ used to express good wishes when parting or at the end of a conversation *Okay then, bye for now!*

carry on (phr v) /'kæri ɒn/ to continue without stopping *They will carry on misbehaving.*

cheer on (phr v) /tʃiə(r) ɒn/ to give shouts of encouragement to sb in a race, competition, etc. *I've come to the football game to cheer on my brother!*

chilling (adj) /'tʃɪlɪŋ/ frightening, usually because it is connected with sth violent or cruel *The film evokes chilling reminders of the war.*

cling on (phr v) /kɪŋ ɒn/ to be unwilling to get rid of sth, or stop doing sth *He had one last hope to cling on to.*

come on (phr v) /'kʌm ɒn/ used in orders to tell sb to hurry or to try harder *Come on! We don't have much time.*

complex (adj) /'kɒmpleks/ made of many different things or parts that are connected *The human brain is very complex.*

contents page (n) /'kɒntents peɪdʒ/ a list of the different sections that are contained in a book *The contents page will help you find what you are looking for.*

dust jacket (n) /'dʌst dʒækɪt/ a paper cover on a book that protects it but that can be removed *Take the dust jacket off the book before reading.*

empower (v) /ɪm'paʊə(r)/ to give sb the power or authority to do sth *There are lots of ways to empower the poor.*

enable (v) /ɪ'neɪbl/ to make it possible for sb to do sth *The evidence will enable us to come to a conclusion.*

enclose (v) /ɪn'kloʊz/ to build a wall, fence, etc. around sth *I will enclose the yard with iron railings.*

encourage (v) /ɪn'kʌrɪdʒ/ to give sb support, courage or hope *Banks actively encourage people to borrow money.*

enlarge (v) /ɪn'laɪdʒ/ to make sth bigger *There are plans to enlarge the recreation area.*

ensure (v) /ɪn'ʃʊə(r)/ to make sure that sth happens or is definite *Please ensure all lights are switched off.*

entitle (v) /ɪn'taɪtl/ to give sb the right to have or to do sth *This ticket entitles you to travel first class.*

entrust (v) /ɪn'trʌst/ to make sb responsible for doing sth or taking care of sb *Mum has entrusted me to cook Christmas dinner!*

expressive (adj) /ɪk'spresɪv/ showing or able to show your thoughts and feelings *She has wonderfully expressive eyes.*

for what it's worth (idiom) /fɔ:(r) wɒt ɪts wɜ:θ/ used to emphasize that what you are saying is only your own opinion or suggestion and may not be very helpful *I prefer this colour, for what it's worth.*

for your information (idiom) /fɔ:(r) dʒə:(r) ɪnfə'meɪʃn/ used to tell sb that they are wrong about sth *For your information, I don't even have a car.*

from my point of view (idiom) /frɒm maɪ pɔɪnt ɒv vju: / your personal judgment or opinion about sth *From my point of view, the party was a complete success.*

front cover (n) /frʌnt 'kʌvə(r)/ a book cover is any protective covering used to bind together the pages of a book *The front cover looks amazing.*

glossary (n) /'glɒsəri/ a list of technical or special words, especially those in a particular text, explaining their meanings *There is a glossary of financial terms at the back.*

go on (phr v) /ɡu: ɒn/ to continue *Life must go on.*

gripping (adj) /'grɪpɪŋ/ exciting or interesting in a way that keeps your attention *His books are always so gripping.*

hardback (n) /'hɑ:dbæk/ a book that has a stiff cover *What's the price of the hardback?*

index (n) /'ɪndeks/ a list of names or topics that are referred to in a book, etc., usually arranged at the end of a book in alphabetical order or listed in a separate file or book *Look it up in the index.*

insightful (adj) /ɪn'saɪtful/ showing a clear understanding of a person or situation *Thank you for the insightful comments.*

intricate (adj) /ɪn'trɪkət/ having a lot of different parts and small details that fit together *They have an intricate network of consumers.*

keep on (phr v) /ki:p ɒn/ to speak to sb often and in an annoying way about sb/sth *I'll do it – just don't keep on at me about it!*

laugh out loud (jargon) /'lɑ:f aʊt laʊd/ extremely funny *The best scenes in the movie made me laugh out loud.*

live on (phr v) /lɪv ɒn/ to have enough money for the basic things you need to live *My salary isn't enough for us to live on.*

meaningful (adj) /'mi:nɪŋfl/ intended to communicate or express sth to sb, without any words being spoken *She gave me a meaningful look.*

move on (phr v) /mu:v ɒn/ to start doing or discussing sth new *Can we move on to the next item on the agenda?*

moving (adj) /'mu:vɪŋ/ causing you to have deep feelings of sadness or sympathy *It is a deeply moving experience.*

on the point of (phr v) /ɒn ðə pɔɪnt ɒv/ at the moment immediately before a specified condition, action, etc. is expected to begin *I am on the point of resigning.*

in my humble opinion (idiom) /ɪn maɪ 'hʌmbəl ə'pɪnɪən/ a phrase introducing the speaker's opinion *In my humble opinion, it's a very sound investment.*

paperback (n) /'peɪpəbæk/ a book that has a thick paper cover *When is it coming out in paperback?*

perceptive (adj) /pə'septɪv/ having or showing the ability to see or understand things quickly, especially things that are not obvious *It was very perceptive of you to notice that.*

pinnacle (n) /'pɪnəkl/ the most important or successful part of sth *She had reached the pinnacle of her career.*

point out (phr v) /pɔɪnt aʊt/ to mention sth in order to give sb information about it or make them notice it *She tried in vain to point out the seriousness of the situation.*

preface (n) /'prefəs/ an introduction *It is important to preface the debate with a general comment.*

protagonist (n) /prə'tæɡənɪst/ the main character in a play, film or book *He is a leading protagonist of the conservation movement.*

quirky (adj) /'kwɜ:ki/ an aspect of sb's personality or behaviour that is a little strange *She has a quirky sense of humour.*

riveting (adj) /'rɪvɪtɪŋ/ so interesting or exciting that it holds your attention completely *As usual, she gave a riveting performance.*

ruthless (adj) /'ru:θləs/ determined to get what you want and not caring if you hurt other people *The way she behaved towards him was utterly ruthless.*

slip on (phr v) /slɪp ɒn/ to put clothes on or to take them off quickly and easily *He slipped a coat over his sweatshirt.*

spine (n) /spain/ the narrow part of the cover of a book that the pages are joined to *The spine looks very worn.*

switch on (phr v) /swɪtʃ ɒn/ to turn a light, machine, etc. off/on by pressing a button or switch *Can you switch on the lights please?*

take your point (idiom) /teɪk dʒə:(r) pɔɪnt/ accept the validity of someone's idea or argument *Okay, I take your point.*

thanks in advance (phr) /θæŋks ɪn əd'vɑ:ns/ used to show that you are grateful to sb for sth they have done *Thanks in advance for agreeing to lend me the money.*

the point is (idiom) /ðə pɔɪnt aɪz/ stating in your opinion the meaning about what is actually happening *The point is, you shouldn't have to wait so long to see a doctor.*

throw on (phr v) /θrəʊ ɒn/ to put on a piece of clothing quickly and carelessly *I threw on my clothes before breakfast.*

title page (n) /'taɪtl peɪdʒ/ a page at the front of a book that has the title and the author's name on it *The title page is found at the front of the book.*

too much information /tu: mʌtʃ ɪnfə'meɪʃn/ an expression indicating that someone has revealed information that is too personal and made the listener or reader uncomfortable *Okay, that's too much information!*

touching (adj) /'tʌtʃɪŋ/ causing feelings of pity or sympathy; making you feel emotional *It was a touching story that moved many of us to tears.*

transcend (v) /træn'send/ to be or go beyond the usual limits of sth *They transcend time and space.*

turn on (phr v) /tɜ:n ɒn/ to start sth by pressing a switch or a button *I turn on my computer and check Facebook before going to school.*

up to a point (idiom) /ʌp tə ə pɔɪnt/ to some degree but not completely *I agree with you up to a point.*

urge on (phr v) /ɜ:dʒ ɒn/ to encourage sb to do sth or support them so that they do it better *She could hear him urging her on as she ran.*

villain (n) /'vɪlən/ the main bad character in a story, play, etc. *He often plays the part of the villain.*

you only live once (interjection) /ju 'əʊnli lɪv wʌnz/ motto to convey that one should take risks and live life to the fullest because you probably won't get another chance to do it *Do the bungee jump – you only live once!*

Unit 6

accountability (n) /ə,kəʊntə'bɪləti/ responsible for your decisions or actions and expected to explain them when you are asked *Lack of accountability has corroded public respect for business and political leaders.*

(set the) agenda (n) /ə'dʒendə/ a list of items to be discussed at a meeting *Can you set the agenda for tomorrow's meeting?*

archival footage (n) /'ɑ:kɑ:ɪvl 'fʊtɪdʒ/ film or video footage from the past that can be used in other films *The program takes a look at the class with archival footage from the 1960's.*

(to be) armed (with) (adj) /ɑ:md/ furnished with weapons *Be careful, they are going to be armed and dangerous.*

audio engineer (n) /'ɑ:ɪdɪəʊ ,endʒɪ'nɪə(r)/ a person whose job it is to alter and balance the levels of different sounds as they are recorded *He has got a job as an audio engineer for the BBC.*

axe (v) /æks/ to get rid of a service, system or sb's job *Patients are delighted their local hospital has been saved from the axe.*

back (v) /bæk/ to give help or support *My parents backed my decision to move abroad.*

ban (v) /bæn/ to decide or say officially that sth is not allowed *There was a campaign to ban smoking in public places.*

bid (v) /bɪd/ to offer to provide a service for a particular price, in competition with other companies *They lost the bid to host the Olympics.*

boom (n) /bu:m/ a sudden increase in trade and economic activity *We have had a boom in car sales.*

(expose) corruption (n) /kə'reɪpʃn/ dishonest or illegal behaviour, especially of people in authority *It is important that we expose corruption in government.*

costume designer (n) /'kɒstjʊ:m dɪ'zɑɪnə/ a person who designs costumes for plays and films *She was a costume designer for the theatre company.*

cover-up (n) /'kʌvəʃ əp/ action that is taken to hide a mistake or illegal activity from the public *Government sources denied there had been a deliberate cover-up.*

(lack) credibility (n) /'kredə'bɪləti/ the quality that sb/sth has that makes people believe or trust them *They lack credibility.*

crowd funding (n) /'kraʊdfʌndɪŋ/ the practice of funding a project or venture by raising many small amounts of money from a large number of people, typically via the internet *Musicians, filmmakers, and artists have successfully raised funds and fostered awareness through crowd funding.*

curb (v) /kɜ:b/ to control or limit sth, especially sth bad *He needs to learn to curb his temper.*

delve (into) (v) /delv/ to search for sth inside a bag, container, etc. *Let me delve into your bag.*

devastated (adj) /'devəsteɪtɪd/ extremely upset and shocked *His family is absolutely devastated.*

docu-ganda (n) film that uses documentary style to spread propaganda *When I watched it, I was shocked by how manipulative it was. It was not a documentary, it was docu-ganda.*

explore (v) /ɪk'splɔ:(r)/ to travel to or around an area or a country in order to learn about it *I want to explore many different countries.*

fly-on-the-wall (style) (adj) /flaɪ ɒn ðə wɔ:l/ doing sth or watching/filming sb without them noticing *Fly-on-the-wall documentaries are really interesting.*

gem (n) /dʒem/ a precious stone that has been cut and polished and is used in jewellery *A crown is often studded with gems.*

go viral (phr v) /gəʊ 'vaɪrəl/ an image, video, or link that spreads rapidly through a population by being frequently shared with a number of individuals online *We will go viral with this YouTube video.*

(make) headlines (n) /'hedlɑɪn/ the most important items of news, at the beginning of a news programme or at the start of a newspaper article *That announcement is going to make the headlines.*

in one's element (idiom) /'elɪmənt/ doing what you are good at and enjoy *When skating, I am in my element.*

in step with (idiom) /ɪn step wɪð/ having ideas that are the same as other people's *Your plans are in step with the company's.*

in the limelight (idiom) /ɪn ðə 'laɪmlaɪt/ the centre of public attention *She is always in the limelight.*

in the offing (idiom) /ɪn ðə 'ɒfɪŋ/ likely to appear or happen soon *I hear there are more staff changes in the offing.*

lighting (n) /'laɪtɪŋ/ the arrangement or type of light in a place *The building needs improved security and lighting.*

location (n) /ləʊ'keɪʃn/ a place where sth happens or exists *Our honeymoon will be in a secret location.*

out of character (idiom) /aʊt ɒv 'kærəktə(r)/ not typical of a person's character *Her behaviour last night was completely out of character.*

out of favour (idiom) /aʊt ɒv 'feɪvə(r)/ disapproval or support for sb/sth *He is out of favour with the boss!*

out on a limb (idiom) /aʊt ɒn ə lɪm/ not supported by other people *Are you prepared to go out on a limb?*

out of one's depth (idiom) /aʊt ɒv jɔ:(r) depθ/ to be in a situation that you cannot control *I felt totally out of my depth in my new job.*

plea (n) /pli:/ an urgent emotional request *She made an impassioned plea for help.*

prop (n) /prɒp/ a small object used by actors during a performance *He is responsible for all the stage props and lighting.*

quit (v) /kwɪt/ to stop doing sth or to leave your job, school, etc. *If I don't get more money I'll quit.*

riddle (n) /'rɪdl/ a question that is difficult to understand, and that has a surprising answer, that you ask sb as a game *I am going to solve the riddle!*

rigged (v) /rɪgd/ to arrange or influence sth in a dishonest way in order to get the result that you want *He said the election had been rigged.*

(spread a) rumour (n) /'ru:mə(r)/ a piece of information, or a story, that people talk about, but that may not be true *Please don't spread rumours about people.*

(fall for a) scam (n) /skæm/ a clever and dishonest plan for making money *Be careful not to fall for the phone scam.*

(musical) score (n) /skɔ:(r)/ the music written for a film/movie or play *They won an award for best original score.*

scramble (up) (v) /'skræmbl/ to move quickly, especially with difficulty, using your hands to help you *She managed to scramble up the wall.*

screenplay (n) /'skri:npleɪ/ the words that are written for a film/movie (= the script), together with instructions for how it is to be acted and filmed *She won an Oscar for the film's screenplay.*

scriptwriter (n) /'skri:ptwaɪtə(r)/ a person who writes the words for films/movies, television and radio plays *The scriptwriter will write the play.*

scrutinize (v) /'skru:tɪnaɪz/ to look at or examine sb/sth carefully *She leaned forward to scrutinize their faces.*

shot on location (idiom) /ʃɒt ɒn ləʊ'keɪʃn/ practice of filming in an actual setting rather than on a sound stage *The film will be shot on location.*

(trace) sources (n) /sɔ:s/ a person, book or document that provides information, especially for study, a piece of written work or news *The journalist refused to reveal his sources.*

staged (scenes) (adj) /steɪdʒd/ deliberately arranged for effect *The programme had staged scenes.*

storyboard artist (n) /'stɔ:ɪrbɔ:d ɑ:tɪst/ a profession specialized in creating storyboards for advertising agencies and film productions *He was a storyboard artist.*

storyline (n) /'stɔ:ɪrɪlaɪn/ the basic story in a novel, play, film/movie, etc. *The storyline was based on a true story.*

stuntman (n) /'stʌntmæn/ a person who does dangerous things in place of an actor *The actor had a stuntman for some of the dangerous scenes.*

sweep (v) /swi:p/ to remove quickly with force *The boat was swept out to sea.*

terrified (adj) /'terɪfaɪd/ very frightened *I'm terrified of spiders!*

voice-over (n) /'vɔɪs əʊvə(r)/ information or comments in a film/movie, television programme, etc. that are given by a person who is not seen on the screen *She does the voice-over for that TV show.*

vow (n) /vaʊ/ a formal and serious promise to do sth *Nuns take a vow of chastity.*

vulnerable (adj) /'vʌlnərəbl/ weak and easily hurt physically or emotionally *Old people are particularly vulnerable to the flu.*

Unit 7

adolescent (n) /'ædə'lesnt/ a young person who is developing from a child into an adult *Adolescents between the ages of 13 and 18 may face problems at school.*

ahead of time (adj) /ə'hed ɒv taɪm/ earlier than was expected *We finished fifteen minutes ahead of time.*

all the time (adv) /ɔ:l ðə taɪm/ very often *She leaves the lights on all the time.*

(feel) at ease (idiom) /æt ɪ:z/ to make sb feel relaxed and confident, not nervous or embarrassed *Try to make the candidate feel at ease by being friendly and informal.*

at one time (idiom) /æt wʌn taɪm/ in or during a known but unspecified past period *She was a nurse at one time.*

at the best of times (idiom) /æt ðə best ɒv taɪmz/ even when the circumstances are very good *He's never very happy at the best of times - he'll be much worse now!*

at the same time (idiom) /æt ðə seɪm taɪm/ at one time, together *She was laughing and crying at the same time.*

be yourself (idiom) /bi jɔ:'self/ to act naturally *People will prefer it if you just be yourself.*

before my time (idiom) /bɪ'fɔ:(r) maɪ taɪm/ happening before you were born or can remember or before you lived, worked, etc. somewhere *The first landing on the moon was before my time.*

behind the times (idiom) /bɪ'hɑɪnd ðə taɪmz/ old-fashioned in your ideas, methods, etc. *You're so behind the times!*

breathe life into (idiom) /bri:ð laɪf 'ɪntə/ to improve sth by introducing new ideas and making people more interested in it *The results of their research have breathed new life into the debate.*

brush off (phr v) /'brʌʃ ɒf/ a rejection or dismissal of sth by treating it as unimportant *She brushed off her poor results and continued studying.*

call off (phr v) /kɔ:l ɒf/ to cancel sth *They have called off their engagement.*

childish (adj) /'tʃɪldrɪʃ/ behaving in a stupid or silly way *Don't be so childish!*

cross off (phr v) /krɒs ɒf/ to draw a line through a person's name or an item on a list because they/it is no longer required or involved *We can cross his name off; he's not coming.*

cut off (phr v) /kʌt ɒf/ to isolate or be separate *She felt very cut off from society.*

dependent (adj) /dɪ'pendənt/ needing sb/sth in order to survive or be successful *You can't be dependent on your parents all your life.*

dynamic (adj) /daɪ'næmɪk/ having a lot of energy and a strong personality *She is a dynamic leader.*

ease off (phr v) /i:z ɒf/ to become or make sth become less strong, unpleasant, etc. *We will wait until the rain eases off.*

elderly (adj) /'eldəli/ used as a polite word for 'old' *They are an elderly couple.*

every walk of life (idiom) /'evri wɔ:k ɒv laɪf/ every status and occupation *We invited people from every walk of life, but only those who could afford the long drive could possibly come.*

experienced (adj) /ɪk'spɪəriənst/ having knowledge or skill in a particular job or activity *He's very experienced in looking after animals.*

fend off (phr v) /fend ɒf/ to protect yourself from sth, especially by avoiding them *She managed to fend off questions about new tax increases.*

fight off (phr v) /faɪt ɒf/ to resist sb/sth by fighting against them/it *The jeweller was stabbed as he tried to fight the robbers off.*

foolish (adj) /'fu:lɪʃ/ not showing good sense or judgement *I was foolish enough to believe what Jeff told me.*

for the time being (idiom) /fɔ:(r) ðə taɪm 'bi:ɪŋ/ for a short period of time but not permanently *You can leave your suitcase here for the time being.*

from time to time (idiom) /frɒm taɪm tə taɪm/ occasionally but not regularly *She has to work at weekends from time to time.*

get away with (phr v) /get ə'wei wɪð/ to do sth wrong and not be punished for it *Don't be tempted to cheat - you'll never get away with it.*

get up to (phr v) /get ʌp tə/ to be busy with sth, especially sth surprising or unpleasant *She's been getting up to her old tricks again!*

get your own way (idiom) /get ʒɔ:(r) əʊn weɪ/ to get or do what you want, especially when sb has tried to stop you *She always gets her own way in the end.*

give in to (phr v) /gɪv ɪn tə/ to agree to do sth you don't want *Mum finally gave in and bought me a Smartphone.*

go on about (phr v) /gəʊ ɒn ə'baʊt/ to talk about sb/sth for a long time, especially in a boring or complaining way *He liked to go on about how wealthy he once was.*

in next to no time (idiom) /ɪn nekst tə nəʊ taɪm/ so soon or so quickly that it is surprising *The kids will be leaving home in next to no time.*

in the course of time (idiom) /ɪn ðə kɔ:s ɒv taɪm/ when enough time has passed *It is possible that in the course of time a cure for cancer will be found.*

in the nick of time (idiom) /ɪn ðə nɪk ɒv taɪm/ at the very last moment *They escaped from the smoke-filled house in the nick of time.*

independent (adj) /ɪndɪ'pendənt/ confident and free to do things without needing help from other people *Going away to college has made me much more independent.*

inexperienced (adj) /ɪnɪk'spɪəriəns/ having little knowledge or experience of sth *She is far too inexperienced for her role.*

infantile (adj) /ɪnfəntaɪl/ typical of a small child, childish *He's always telling infantile jokes.*

juvenile (adj) /'dʒu:vənail/ silly and more typical of a child than an adult *Don't be so juvenile!*

laugh off (phr v) /lɑ:f ɒf/ to try to make people think that sth is not serious or important, especially by making a joke about it *He laughed off suggestions that he was going to resign.*

live a charmed life (idiom) /lɪvɑ:m d laɪf/ to always be lucky and safe from danger *That footballer lives a charmed life!*

long in the tooth (idiom) /lɒŋ ɪn ðə tu:θ/ old or ageing *I may be long in the tooth but I am going to try anyway.*

make off (phr v) /meɪk ɒf/ to steal sth and hurry away with it *Watch he doesn't make off with that money.*

(a) matter of life and death (idiom) /'mætə(r) ɒv laɪf ænd deθ/ used to describe a situation that is very important or serious *Don't disturb me unless it's a matter of life and death.*

mature (adj) /mə'tʃʊə(r)/ behaving in a sensible way, like an adult *Jane is very mature for her age.*

(the) milestones in life (idiom) /'maɪlstəʊnz ɪn laɪf/ a very important stage or event *Having a baby is one of life's milestones.*

(a) new lease of life (idiom) /nɜ: li:s ɒv laɪf/ the chance to live or last longer, or with a better quality of life *Since her operation, she's had a new lease of life.*

(be) out of touch with (idiom) /aʊt ɒv tʌtʃ wɪð/ to not know or understand what is happening in a particular subject or area *Unfortunately, the people making the decisions are out of touch with the real world.*

(be) over the hill (idiom) /'əʊvə(r) ðə hɪl/ old and therefore no longer useful or attractive *Youngsters seem to think you're over the hill at 40!*

(in the) prime of life (idiom) /praɪm ɒv laɪf/ the time of maturity when power and vigor are greatest *At 25, I am in the prime of life.*

put off (phr v) /pʊt ɒf/ to change sth to a later time or date *We've had to put off our wedding until September.*

self-reliant (adj) /self rɪ'laɪənt/ able to do or decide things by yourself, rather than depending on other people for help *Don't worry, he's very self-reliant.*

(be) set in your ways (idiom) /set ɪn ʒɔ:(r) -weɪz/ to have habits or opinions that you have had for a long time and that you do not want to change *Don't take offence; she's just set in her ways.*

set off (phr v) /set ɒf/ to begin a journey *We will set off for London just after breakfast.*

shelf life (n) /'ʃelf laɪf/ the length of time that food, etc. can be kept before it is too old to be sold *The product has a guaranteed shelf life of 60 days.*

shrug off (phr v) /ʃrʌg ɒf/ to treat sth as if it is not important *She decided to shrug off her injury and continue playing.*

stand on your own two feet (idiom) /stænd ɒn ʒɔ:(r) əʊn tu: fi:t/ to be independent and able to take care of yourself *When his parents died he had to learn to stand on his own two feet.*

supportive (adj) /sə'pɔ:tɪv/ giving help, encouragement or sympathy to sb *She was very supportive during my father's illness.*

vulnerable (adj) /'vʌlnərəbl/ weak and easily hurt physically or emotionally *We should protect the most vulnerable members of our society.*

warn off (phr v) /wɔ:n ɒf/ to tell sb to leave or stay away from a place or person, especially in a threatening way *The farmer warned us off his land when we tried to camp there.*

wear off (phr v) /weə(r) ɒf/ to gradually disappear or stop *The effects of the drug will soon wear off.*

wise (adj) /waɪz/ able to make sensible decisions and give good advice because of the experience and knowledge that you have *I'm older and wiser after ten years in the business.*

youthful (adj) /'ju:θfl/ typical of young people *She brings youthful enthusiasm to the job.*

Unit 8

agonizing (adj) /'ægənaɪzɪŋ/ causing great pain, anxiety or difficulty *It was the most agonizing decision of her life.*

(protect) animal (n) /'ænɪml/ a creature that is not a bird, a fish, a reptile, an insect or a human *We need to protect some animals from extinction.*

attack (on) (n) /ə'tæk/ strong criticism of sb/sth in speech or in writing *It is a scathing attack on the government's policies.*

awe-inspiring (adj) /'ɔ: ɪnspraɪɪŋ/ making you feel respect and admiration *The building was awe-inspiring in size and design.*

bake (v) /beɪk/ to cook food in an oven without extra fat or liquid *I'm baking a birthday cake for Alex.*

banquet (n) /'bæŋkwɪt/ a formal meal for a large number of people, usually for a special occasion *A state banquet is being held in honour of the visiting President.*

barbecue (n) /'bɑ:bɪkju:/ an outdoor meal or party when food is cooked in this way *Tonight we shall have a barbecue with our friends.*

based (on) (n) /beɪst/ if one thing is based on another, it uses it or is developed from it *The report is based on figures from six different European cities.*

better off (without) (idiom) /'betə(r) ɒf/ used to say that sb is/would be happier or more satisfied if they were in a particular position or did a particular thing *She's better off without him.*

boil (v) /bɔɪl/ to cook or wash sth in boiling water *She put some potatoes on to boil.*

carbon emissions (n) /'kɑ:bən ɪ'mɪʃnz/ carbon gas that is sent out into the atmosphere *The government has pledged to reduce carbon emissions.*

Chinese (adj) /tʃaɪ'ni:z/ from or connected with China *I love Chinese food.*

classic (adj) /'klæsɪk/ with all the features you would expect to find, typical *She displayed the classic symptoms of depression.*

cold-blooded (adj) /kəʊld 'blʌdɪd/ showing no feelings or pity for other people *He is a cold-blooded murderer.*

concerned (about) (adj) /kən'sɜ:nd/ worried and feeling concern about sth *The President is deeply concerned about this issue.*

countless (adj) /'kaʊntləs/ too many to be counted or mentioned *The new treatment could save Emma's life and the lives of countless others.*

critical (adj) /'krɪtɪkəl/ extremely important because a future situation will be affected by it *Your decision is critical to our future.*

depend (on) (v) /dɪ'pend/ to rely on sb/sth and be able to trust them *He was the sort of person you could depend on.*

(traditional) dish (n) /dɪʃ/ food prepared in a particular way as part of a meal *This makes an excellent hot main dish.*

distressing (n) /dɪ'stresɪŋ/ making you feel extremely upset, especially because of sb's suffering *What could be more distressing than the death of their only child?*

(maintain an) ecosystem (n) /'i:kəʊsɪstəm/ all the plants and living creatures in a particular area considered in relation to their physical environment *Scientists are working hard to maintain the ecosystem.*

emergency (n) /ɪ'mɜ:dʒənsɪ/ a sudden serious and dangerous event or situation which needs immediate action to deal with it *This door should only be used in an emergency.*

empathy (for) (n) /'empəθi/ the ability to understand another person's feelings, experience, etc. *It's hard to feel empathy for some criminals.*

face the music (idiom) /feɪs ðə 'mju:zɪk/ to accept and deal with criticism or punishment for sth you have done *The others all ran off, leaving me to face the music.*

face up to (the facts) (idiom) /feɪs ʌp tə/ to accept and deal with sth that is difficult or unpleasant *She had to face up to the fact that she would never walk again.*

(standard) fare (n) /feə(r)/ food that is offered as a meal *The new Café serves traditional fare.*

(prevent) fires (n) /'fɛɪəz/ flames that are out of control and destroy buildings, trees, etc. *We have to take action to prevent forest fires.*

fraction (of) (n) /'frækʃn/ a small part or amount of sth *Only a small fraction of a bank's total deposits will be withdrawn at any one time.*

fry (v) /fraɪ/ to cook sth in hot fat or oil *Are you going to fry the bacon?*

grill (v) /grɪl/ to cook food under or over a very strong heat *Grill the sausages for ten minutes.*

(destroy a) habitat (n) /'hæbɪtæt/ the place where a particular type of animal or plant is normally found *The new buildings will destroy their habitat.*

(cause an) imbalance (n) /ɪm'bæləns/ a situation in which two or more things are not the same size or are not treated the same, in a way that is unfair or causes problems *Postnatal depression is usually caused by a hormonal imbalance.*

(have an) impact (n) /ɪmpækt/ the powerful effect that sth has on sb/sth *Her speech made a profound impact on everyone.*

in the face of (idiom) /ɪn ðə feɪs ɒv/ despite problems, difficulties, etc. *The campaign continued in the face of great opposition.*

individual (adj) /ɪndɪ'vɪdʒʊəl/ connected with one person/thing *She wrapped up the individual flowers.*

ingredient (in) (n) /ɪn'grɪdiənt/ one of the things from which sth is made, especially one of the foods that are used together to make a particular dish *Ginger is one of the ingredients in Thai curry.*

let's face it (phr v) /lets feɪs ɪt/ used to convey that one must be realistic about an unwelcome fact or situation *Let's face it, the team are going to lose the match.*

light (adj) /laɪt/ small in quantity, easy to digest *I'm playing football later so I'll just have sth light for lunch.*

monstrous (adj) /'mɒnstərəs/ considered to be shocking and unacceptable because it is morally wrong or unfair *It's monstrous to think he could be out of jail soon.*

(conserve) nature (n) /'neɪtʃə(r)/ all the plants, animals and things that exist in the universe that are not made by people *The government wants to conserve nature.*

on the face of it (idiom) /ɒn ðə feɪs ɒv ɪt/ used to say that sth seems to be good, true, etc. but that this opinion may need to be changed when you know more about it *What may, on the face of it, seem obvious often turns out to be far more complicated.*

(popular) order (n) /'ɔ:də(r)/ a request for food or drinks in a restaurant, bar, etc. *May I take your order?*

outlaw (v) /'aʊtlɔ:/ to make sth illegal *There are plans to outlaw the carrying of knives.*

poach (v) /pəʊtʃ/ to cook food gently in a small amount of liquid *I am going to poach an egg for lunch.*

(double) portion (n) /'pɔːʃn/ an amount of food that is large enough for one person *I'm hungry. Can I have a double portion?*

(ban harmful) practices (n) /'præktɪsɪz/ a way of doing sth that is the usual or expected way in a particular organization or situation *We have banned harmful practices.*

put on a brave face (idiom) /pʊt ɒn ə breɪv feɪs/ to pretend that you feel confident and happy when you do not *I had to put on a brave face and try to show him that I wasn't worried.*

(wartime) ration (n) /'ræʃn/ a fixed amount of food, fuel, etc. that you are officially allowed to have when there is not enough for everyone to have as much as they want *I'm grateful for my weekly butter ration.*

(overexploit) resources (n) /'riːsɔːs/ a supply of sth that a country, an organization or a person has and can use *They are exploiting minerals and other natural resources.*

result (in) (phr v) /rɪˈzʌlt/ to make sth happen *The cyclone has resulted in many thousands of deaths.*

rise (in) (n) /raɪz/ an increase in an amount, a number or a level *There has been a sharp rise in the number of people out of work.*

roast (v) /rəʊst/ to cook food, especially meat, without liquid in an oven or over a fire *Are you going to roast the chicken?*

scramble (v) /'skræmbəl/ to cook an egg by mixing the white and yellow parts together and heating them, sometimes with milk and butter *I love scrambled eggs.*

side (n) /saɪd/ a dish that is served with, but is subordinate to, a main course *Your dish comes with a side.*

six-course (adj) /sɪks kɔːrs/ a formal meal that has six courses *We're having a six-course meal on New Year's Eve.*

slaughter (n) /'slɔːtə(r)/ the killing of animals for their meat *Cows are slaughtered for beef.*

(lunchtime) snack (n) /snæk/ a small meal or amount of food, usually eaten in a hurry *I only have time for a snack at lunchtime.*

(threaten a) species (n) /'spiːʃiːz/ a group into which animals, plants, etc. that are able to breed with each other and produce healthy young are divided *This is a conservation area for endangered species.*

steam (v) /stiːm/ to place food over boiling water so that it cooks in the steam *We prefer to steam our broccoli.*

stew (v) /stjuː/ to cook sth slowly, or allow sth to cook slowly, in liquid in a closed dish *The meat needs to stew for two hours.*

stir-fry (v) /'stɜː fraɪ/ to cook thin strips of vegetables or meat quickly by stirring them in very hot oil *It's quicker to stir-fry the vegetables.*

(fast-food) takeaway (n) /'teɪkəweɪ/ a meal that you buy at a restaurant that you eat somewhere else *Shall we have a takeaway tonight?*

thanks to (idiom) /θæŋks tə/ used to say that sth has happened because of sb/sth *It was all a great success – thanks to a lot of hard work.*

threatened with (v) /'θreɪnd wɪð/ to say that you will cause trouble, hurt sb, etc. if you do not get what you want *The attacker threatened them with a gun.*

toast (v) /təʊst/ to make sth, especially bread, turn brown by heating it in a toaster or close to heat *Place under a hot grill until the nuts have toasted.*

toxic waste (n) /'tɒksɪk weɪst/ poisonous waste materials *You can also contact us for information on toxic waste.*

(talk) until we're blue in the face (idiom) to try to do sth as hard and as long as you possibly can but without success *You can argue till you're blue in the face, but you won't change my mind.*

wiped out (phr v) /waɪpt aʊt/ to destroy or remove sb/sth completely *Whole villages were wiped out by the earthquake.*

Unit 9

assess (v) /ə'ses/ to make a judgement about the nature or quality of sb/sth *It's difficult to assess the effects of these changes.*

backup (n) /'bækʌp/ a copy of a file, etc. that can be used if the original is lost or damaged *Always make a backup of your work.*

bug (n) /bʌg/ a fault in a machine, especially in a computer system or program *The latest version of this computer program has a bug.*

bulky (adj) /'bʌlki/ large and difficult to move or carry *Bulky items are not allowed in the cabin.*

close (adv) /kləʊs/ near in space or time *The second twin was born close after the first.*

closely (adv) /'kləʊsli/ in a close relation or position in time or space *He walked into the room, closely followed by the rest of the family.*

convenient (adj) /kən'viːniənt/ useful, easy or quick to do *You'll find these meals quick and convenient to prepare.*

cookie (n) /'kʊki/ a computer file with information in it that is sent to the central server each time a particular person uses a network or the internet *This website uses cookies.*

cord (n) /kɔːd/ a piece of wire that is covered with plastic, used for carrying electricity to a piece of equipment *It's not wireless; the telephone has a cord.*

cumbersome (adj) /'kʌmbəsəm/ large and heavy; difficult to carry *You might have to use some cumbersome machinery.*

cutting-edge (n) /'kʌtɪŋ 'edʒ/ the newest, most advanced stage in the development of sth *I am working at the cutting-edge of computer technology.*

data (n) /'deɪtə/ information that is stored by a computer *It is important to back up your data.*

dedicated (adj) /'dedɪkeɪtɪd/ working hard at sth because it is very important to you *She is dedicated to her job.*

demonstrate (v) /'demənstreɪt/ to show sth clearly by giving proof or evidence *These results demonstrate convincingly that our campaign is working.*

earbud(s) (n) /'iəbʌd/ a very small headphone that is worn inside the ear *I need to attach my earbuds to the CD player.*

early adopter (n) /'ɜːli ə'dɒptə(r)/ a person who starts using a product or technology as soon as it becomes available *They're early adopters of new technology, and new ideas.*

elegant (adj) /'elɪɡənt/ attractive and showing a good sense of style *She was tall and elegant.*

emerging technologies (n) /i'mɜːdʒɪŋ tek'nɒlədʒɪz/ new technologies that are currently developing or will be developed over the next five to ten years, and which will substantially alter the business and social environment *Emerging technologies could make hydroelectricity safer.*

examine (v) /ɪg'zæmɪn/ to consider or study an idea, a subject, etc. very carefully *It is necessary to examine how the proposals can be carried out.*

exorbitant (adj) /ɪg'zɔːbɪtənt/ much too high *The prices are exorbitant.*

(launch with) fanfare (n) /'fænfeə(r)/ a large amount of activity and discussion on television, in newspapers, etc. to celebrate sb/sth *The product was launched amid much fanfare worldwide.*

firewall (n) /'faɪəwɔːl/ a part of a computer system that prevents people from getting at information without permission, but still allows them to receive information that is sent to them *My computer is protected with a firewall.*

fragile (adj) /'frædʒaɪl/ easily broken or damaged *Be careful not to drop it; it's very fragile.*

groan-inducing (adj) /grəʊn ɪn'djuːsɪŋ/ an act that causes someone to groan *Read this groan-inducing love letter.*

hallmark(s) (n) /'hɔːlmɑːk/ a feature or quality that is typical of sb/sth *Police said the explosion bore all the hallmarks of a terrorist attack.*

handset (n) /'hændset/ the part of a telephone that you hold close to your mouth and ear to speak into and listen *I can't hear you, are you covering the handset?*

handy (adj) /'hændi/ easy to use or to do *That's a handy little tool.*

hard (adv) /hɑːd/ with great effort *You must try hard to get a good result.*

hardly (adv) /'hɑːdli/ almost none *There's hardly any tea left.*

hard-wearing (adj) /'hɑːd 'weəriŋ/ that lasts a long time and remains in good condition *I want shoes that are practical and hard-wearing.*

(to) have legs (idiom) /həv legz/ to continue to be of interest *This latest scandal has legs; you'll probably still be reading about it in a year's time.*

headset(s) (n) /'hedset/ a pair of headphones, especially one with a microphone attached to it *Speak clearly into the headset.*

high (adv) /haɪ/ at or to a position or level that is a long way up from the ground or from the bottom *A dish piled high with food.*

highly (adv) /'haɪli/ with admiration or praise *She speaks highly of you.*

innovative (adj) /'ɪnəveɪtɪv/ introducing or using new ideas, ways of doing sth, etc. *There will be a prize for the most innovative design.*

just (adv) /dʒʌst/ only *I decided to learn Japanese just for fun.*

justly (adv) /'dʒʌstli/ according to what is morally right or fair *I want to be treated justly.*

keypad (n) /'kiːpæd/ a small set of buttons with numbers on used to operate a telephone, television, etc. *Enter your name using the keypad.*

late (adv) /leɪt/ arriving, happening or done after the expected, arranged or usual time *My flight was an hour late.*

lately (adv) /'leɪtli/ recently *It's only lately that she's been well enough to go out.*

lightweight (adj) /'laɪtweɪt/ made of thinner material and less heavy than usual *The car features a lightweight aluminium engine.*

murmur (reassurances) (v) /'mɜːmər/ to say sth in a soft quiet voice that is difficult to hear or understand *She murmured an excuse and hurried away.*

obsolete (adj) /'ɒbsəliːt/ no longer used because sth new has been invented *With technological changes many traditional skills have become obsolete.*

plain (adj) /pleɪn/ simple or basic in character *The curtains were made from a plain fabric.*

pricey (adj) /'praɪsi/ overpriced, too expensive *She wears pricey designer clothes.*

prove (v) /pruːv/ to use facts, evidence, etc. to show that sth is true *He felt he needed to prove his point.*

reasonable (adj) /'riːznəbl/ fair, practical and sensible *Any reasonable person would have done exactly as you did.*

sink (v) /sɪŋk/ to go down below the surface or towards the bottom of a liquid or soft substance *The ship sank to the bottom of the sea.*

sleek (adj) /sliːk/ having an elegant smooth shape *The sleek lines of the new car.*

spam (n) /spæm/ advertising material sent by email to people who have not asked for it *Check your spam folder.*

spyware (n) /'spaɪweə(r)/ software that enables a user to obtain covert information about another's computer activities by transmitting data covertly from their hard drive *It's important to scan for spyware.*

(tech) start-ups (n) /'stɑːt ʌps/ connected with starting a new business or project *Kickstarter is a great platform for tech start-ups.*

suggest (v) /sə'dʒest/ to put forward an idea or a plan for other people to think about *May I suggest a white wine with this dish, Sir?*

Trojan (n) /'trɔːdʒən/ a Trojan horse, or Trojan, is a hacking program that is a non-self-replicating type of malware *That Trojan has wiped my hard drive!*

under age (idiom) /'ʌndəreɪdʒ/ not legally old enough to do a particular thing *It is illegal to sell cigarettes to children who are under age.*

under attack (adj) /'ʌndə(r) ə'tæk/ subjected to enemy attack or censure *Our freedom is under attack.*

under control (idiom) /'ʌndə(r) kən'trəʊl/ to be being dealt with successfully *Don't worry – everything's under control!*

under pressure (idiom) /'ʌndə(r) 'preʃə(r)/ being forced to do sth *The director is under increasing pressure to resign.*

under scrutiny (idiom) /'ʌndə(r) 'skruːtəni/ being watched or examined closely *Foreign policy has come under close scrutiny recently.*

under the radar (idiom) /'ʌndə(r) ðə 'reɪdɑː(r)/ used to say that people are not aware of sth *Experts say a lot of corporate crime stays under the radar.*

under the weather (idiom) /'ʌndə(r) ðə 'weðə(r)/ slightly ill/sick and not as well as usual *I feel a bit under the weather today.*

under your belt (idiom) /'ʌndə(r) jɔː(r) belt/ to have already achieved or obtained sth *She already has a couple of good wins under her belt.*

update (n) /'ʌp'deɪt/ the most recent improvements to a computer program that are sent to users of the program *Have you installed the latest update?*

(bring) up to speed (idiom) /ʌp tə spiːd/ having the most recent and accurate information or knowledge *Sarah, could you bring Paul up to speed with the latest developments?*

useless (adj) /juːsləs/ not useful; not doing or achieving what is needed or wanted *This pen is useless there's no ink in it.*

virus (n) /'vaɪrəs/ instructions that are hidden within a computer program and are designed to cause faults or destroy data *The virus in the software was programmed to corrupt the hard disk.*

Unit 10

abolish (v) /ə'bɒlɪʃ/ to officially end a law, a system or an institution *They should abolish this tax.*

adversary (n) /'ædvəsəri/ a person that sb is opposed to and competing with in an argument or a battle *He beat his old adversary in the finals.*

alternative (n) /ɔː'lternətɪv/ a thing that you can choose to do or have out of two or more possibilities *There is a vegetarian alternative on the menu every day.*

arms (n) /ɑːmz/ weapons, especially as used by the army, navy, etc. *Do police officers in your country carry arms.*

ballot paper (n) /'bælət peɪpə(r)/ a slip of paper used to register a vote *Put a cross against who you want to vote for on the ballot paper.*

boil down to (idiom) /bɔɪl daʊn tə/ to have sth as a main or basic part *In the end, what it all boils down to is money, or the lack of it.*

candidate (n) /'kændɪdət/ a person or group that is considered suitable for sth or that is likely to get sth or to be sth *Our team is a prime candidate for relegation this year.*

capitalize on (idiom) /'kæpɪtəlaɪz/ to gain a further advantage for yourself from a situation *The team failed to capitalize on their early lead.*

civic engagement (n) /'sɪvɪk ɪn'geɪdʒmənt/ individual and collective actions designed to identify and address issues of public concern *Voting in elections is an important form of civic engagement.*

class-based (adj) /klaus beɪst/ a status hierarchy in which individuals and groups are classified on the basis of economic success and accumulation of wealth *They live in a class-based society.*

collateral (n) /kə'lætərəl/ property or sth valuable that you promise to give to sb if you cannot pay back money that you borrow *We had put our house up as collateral for our bank loan.*

come under fire (idiom) /kʌm 'ʌndə(r) 'faɪə(r)/ to be criticized severely for sth you have done *The health minister has come under fire from all sides.*

common good (n) /'kɒmən gud/ the benefit or interests of all *It is time our elected officials stood up for the common good.*

communal (adj) /'kɒmjənəl/ involving different groups of people in a community *There has been communal violence between religious groups.*

constituency (n) /kən'stɪtʃuənsi/ a district that elects its own representative to parliament *Unemployment is high in her constituency.*

country (n) /'kʌntri/ an area of land that has or used to have its own government and laws *She didn't know what life in a foreign country would be like.*

(at everyone's) disposal (idiom) /dɪ'spəʊzl/ sth is available to be used by everyone *The committee has limited resources at its disposal.*

distribution (of wealth) (n) /dɪstrɪ'bjuːʃn/ the way that sth is shared or exists over a particular area or among a particular group of people *It's easy to see the unfair distribution of wealth.*

diversify leadership (v) /daɪ'vɜːsɪfaɪ 'liːdʒɪp/ to make leadership become more varied *There are calls to diversify leadership.*

economical with the truth (idiom) /'ekə'nɒmɪkl wɪð ðə truːθ/ euphemism for deceitful, whether by volunteering false information *Don't trust him; he is often economical with the truth.*

egalitarian (adj) /i,gæli'teəriən/ based on, or holding, the belief that everyone is equal and should have the same rights and opportunities *We live in an egalitarian society.*

electorate (n) /ɪ'lektərət/ the people in a country or an area who have the right to vote, thought of as a group *Only 60% of the electorate voted in the last election.*

enemy (n) /'enəmi/ a person who hates sb or who acts or speaks against sb/sth *After just one day, she had already made an enemy of her manager.*

equal opportunities (n) /iːkwəl ɒpə'tjuːnətɪz/ the right to be treated without discrimination, especially on the grounds of one's sex, race, or age *You'll find details of our equal opportunities policies in the company handbook.*

eradicate (v) /ɪ'reɪdɪkeɪt/ to destroy or get rid of sth completely, especially sth bad *We are determined to eradicate racism from our sport.*

ethnic diversity (adj) /'eθnɪk daɪ'vɜːsɪti/ having a wide variety of races in a given situation *Ethnic diversity is more commonly known as multiculturalism.*

extreme (adj) /ɪk'striːm/ very great in degree *We are working under extreme pressure at the moment.*

foe (n) /fəʊ/ an enemy or opponent *His work was praised by friends and foes alike.*

freedom (n) /'friːdəm/ the right to do or say what you want without anyone stopping you *We will fight for freedom of speech.*

freeloaders (n) /'friːləʊdəz/ a person who is always accepting free food, accommodation or help from other people without giving them anything in exchange *Some members suspected that others in the group were freeloaders.*

general election (n) /dʒenərəl 'ɪlekʃn/ an election in which all the people of a country vote to choose a government *The general election will be held next year.*

get rid of (phr v) /get rɪd ɒv/ to remove sth that is causing a problem from a place, group, etc. *Further measures will be taken to get rid of crime on our streets.*

humanity (n) /hjuː'mænəti/ people in general *He is being tried for crimes against humanity.*

law enforcement (n) /ləʊ ɪn'fɔːsmənt/ the activity of making certain that the laws of an area are obeyed *John works as a law enforcement officer.*

left-wing politics (n) /left wɪŋ 'pɒlətɪks/ a political outlook that favours social change *The Liberal Democrats are involved with left-wing politics.*

liberty (n) /'lɪbəti/ freedom to live as you choose without too many restrictions from government or authority *The concept of individual liberty is at the basis of the constitution.*

local election (n) /'ləʊkəl 'ɪlekʃn/ an election to select members for a local council *He spoke out at the launch of his party's local election campaign in Dublin.*

mainstream (n) /'meɪnstriːm/ the ideas and opinions that are thought to be normal because they are shared by most people *His radical views place him outside mainstream American politics.*

majority rule (n) /mə'dʒɔːrəti ruːl/ a system in which power is held by the group that has the largest number of members *Black majority rule in South Africa took many years to achieve.*

manifesto (n) /mænɪ'festəʊ/ a written statement in which a group of people, especially a political party, explain their beliefs and say what they will do if they win an election *Their party manifesto is very good.*

mankind (n) /mæn'kaɪnd/ all humans, thought about as one large group *The future of mankind is at stake.*

minority rights (adj) /maɪ'nɔːrəti raɪts/ normal individual rights applied to members of racial, ethnic, class, religious, linguistic or sexual minorities *I am involved in a protest against the loss of the minority rights.*

moderate (adj) /'mɒdərət/ having or showing opinions, especially about politics, that are not extreme *She is a moderate socialist.*

(lose) momentum (n) /mə'mentəm/ the ability to keep increasing or developing *They began to lose momentum in the second half of the game.*

nation (n) /'neɪʃn/ a country considered as a group of people with the same language, culture and history, who live in a particular area under one government *They are an independent nation.*

pledge (n) /pledʒ/ a serious promise *Will the government honour its election pledge not to raise taxes?*

pluck out of the air (idiom) /plʌk aʊt ɒv ðə eə(r)/ to say a name, number, etc. without thinking about it, especially in answer to a question *She plucked the statistic out of the air.*

politically correct (adj) /pə'lɪtɪkli kə'rekt/ used to describe language or behaviour that deliberately tries to avoid offending particular groups of people *The reference to the group was politically correct.*

polling station (n) /'pɒlɪŋ steɪʃn/ a building where people go to vote in an election *The polling station is open until 10pm.*

(human) population (n) /'hjuːmən 'leɪʃn/ all the people who live in a particular area, city or country *The human population is increasing every year.*

private (adj) /'praɪvət/ belonging to or for the use of a particular person or group *The hotel has 110 bedrooms, all with private bathrooms.*

promise (v) /'prɒmɪs/ to tell sb that you will definitely do or not do sth, or that sth will definitely happen *I promise not to tell anyone!*

quick off the mark (idiom) /kwɪk ɒf ðə mɑːk/ fast in reacting to a situation *If you're quick off the mark in answering these questions, you could win a prize.*

radical (adj) /'rædɪkl/ concerning the most basic and important parts of sth *There is a need for radical changes in education.*

reactionary (n) /rɪ'ækʃənri/ a person who is opposed to political or social change *It is a reactionary government.*

right-wing politics (n) /raɪt wɪŋ 'pɒlətɪks/ political outlook that are least in favour of social change *Cyclists are the new enemy of right wing politics.*

secular (adj) /'sekjələ(r)/ not connected with spiritual or religious matters *Ours is a secular society.*

set the record straight (idiom) /set ðə 'rekɔːd streɪt/ to give people the correct information about sth in order to make it clear that what they previously believed was in fact wrong *To put the record straight, I do not support that idea and never have done.*

social responsibility (n) /'səʊʃl rɪ'spɒnsə'bɪləti/ an ethical theory that an entity, be it an organization or individual, has an obligation to act to benefit society at large *The whole area of social responsibility is becoming much more important to the consumer.*

spiritual (adj) /'spɪrɪtʃuəl/ connected with the human spirit, rather than the body or physical things *We're concerned about your spiritual welfare.*

swear (v) /sweə(r)/ to use rude or offensive language, usually because you are angry *Why did you let him swear at you like that?*

talk up (idiom) /tɔːk ʌp/ to talk about (sth or someone) to make it seem as good as possible or to draw positive attention to it *You have to talk up the number to impress the boss.*

toe the line (idiom) /təʊ ðə laɪn/ to say or do what sb in authority tells you to say or do, even if you do not share the same opinions, etc. *One or two of them refused to toe the line.*

turnout (n) /'tɜːnaʊt/ the number of people who vote in a particular election *There was only a 50% turnout.*

Wordlist

vote (n) /vəʊt/ a formal choice that you make in an election or at a meeting in order to choose sb or decide sth *The chairperson has the deciding vote.*

wear the trousers (idiom) /weə(r) ðə 'traʊzəz/
to be the person in a marriage or other relationship who makes most of the decisions
It's obvious who wears the trousers in that family!